



Data Book 2024 | Volume 1
Issue 1: Native American Health
Indicators & Vitality in New Mexico

NOTES & DISCLAIMER:

This publication is a product of The University of New Mexico Native American Budget & Policy Institute. The views expressed in this report are those of the authors and do not necessarily represent those of the UNM Native American Budget & Policy Institute, The University of New Mexico, collaborating organizations, or funders.

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ABOUT UNM NABPI:

The University of New Mexico Native American Budget and Policy Institute is a research and policy center, serving New Mexico's 23 Pueblos, Nations, and Tribes. The work of UNM NABPI focuses on research, budget, and policy analysis for systemic change anchored in tribally determined priorities and needs.

nabpi.unm.edu



Director's Message

Dear Tribal Leaders and Community Advocates,

The University of New Mexico Native American Budget and Policy Institute is a tribally driven research, advocacy, and policy institute designed to serve the 23 Pueblo, Nations, and Tribes in New Mexico. The goal and mission of the Institute is to provide research, advocacy, and policy initiatives to help tribal leaders, policymakers, advocates, and the public understand the needs and challenges of New Mexico's tribal nations.

As part of our mission, we are proud to release the inaugural UNM NABPI Data Book. The 2024 UNM NABPI Data Book is comprised of four separate issues each focused on specific topics that include population demographics, health, education, and economic well-being. The 2024 Data Book is designed to provide New Mexico Tribal specific data. Each issue contains tribal, state, and national comparisons.

All data within the Data Book comes from secondary sources and was compiled by UNM NABPI. The secondary data sources include but are not limited to the U.S. Census, the American Community Survey, the Center for Disease Control and Prevention, and the New Mexico Department of Health.

The Data Book is part of a broader strategy to make data accessible to tribal nations and advocates state-wide. We welcome your feedback as we develop additional data supplements and innovative tools to address the needs of our nations.

Kunda Wo'ha.

Sincerely,

Carmela M. Roybal, PhD., MBGPH., MA (Ohkay Owingeh)

Executive Director

University of New Mexico Native American Budget & Policy Institute



DATA BOOK

INTRODUCTION

This Data Book is a compilation of demographic, economic, health, and education statistics of Native Americans residing in New Mexico. In this Data Book, a variety of information are contained within that allows comparisons across a multitude of characteristics and is intended as a reference for tribal leaders and researchers.

In this Issue, Native American health and vital indicators are presented.

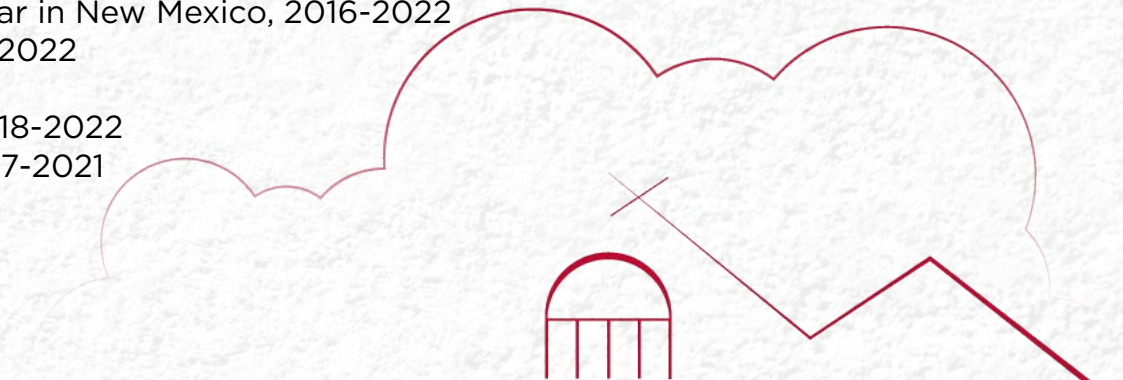


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- Native American Adult Health Indicators in New Mexico and US, 2022
- Native American Women’s Health Indicators in New Mexico and US, 2022
- Native American Men’s Health Indicators in New Mexico and US, 2022
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- Native American Crude Death Rate by County and Year in New Mexico, 2018-2022
- Native American Infant Deaths and Death Rate by Year in New Mexico, 2017-2021



Native American Health Indicators in New Mexico

SECTION 1

This section provides information and statistics on health for Native Americans residing in New Mexico.



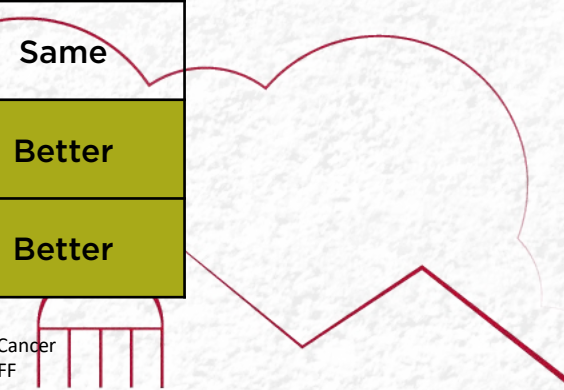
Native American Adult Health Indicators in New Mexico and US, 2022

Adult Health Indicator	New Mexico	US	Better or Worse or Same as US
Adults Who Report Being Told by a Doctor that They Have Cardiovascular Disease (2022)	7.1%	11.3%	Better
Adults Who Report Ever Being Told by a Doctor that They Have Diabetes (2022)	18.5%	18.5%	Same
Adults Who Report Fair or Poor Health Status (2022)	25.3%	28.7%	Better
Adults Who Report Currently Having Asthma (2022)	10.1%	14.2%	Better
Adults Who Report Having Arthritis (2022)	17.4%	34.1%	Better
Adults Who Are Obese (2022)	42.6%	37.8%	Worse
Adults Who Report Participation in Any Physical Activity or Exercise (2022)	69.0%	72.0%	Worse
Number of Reported Chlamydia Cases (2022)	667.2	716.6	Better
Number of Reported Gonorrhea Cases (2022)	305.8	373.7	Better
Number of Primary and Secondary Syphilis Cases (2022)	87.0	67.0	Worse
Adults Who Report Visiting the Dentist or Dental Clinic within the Past Year (2022)	59.4%	54.4%	Better



Native American Women’s Health Indicators in New Mexico and US, 2022

Women's Health Indicator	New Mexico	US	Better or Worse or Same as US
Women Who Report Fair or Poor Health Status (2022)	23%	31%	Better
Average Number of Poor Mental Health Days Reported in the Last 30 Days Among All Women (2022)	5.7	7.2	Better
Preterm Births as a Percent of All Births (2022)	9.5%	12.6%	Better
Births of Low Birthweight as a Percent of All Births (2022)	8.7%	8.8%	Same
Women Who Report Ever Being Told by a Doctor that They Have Diabetes (2022)	14.9%	18.5%	Better
Breast Cancer Incidence Rate per 100,000 (2020)	53.7	90.6	Better
Women Who Report Having No Personal Doctor/Health Care Provider (2022)	29%	15%	Worse
Women Who Report Not Seeing a Doctor in the Past 12 Months Due to Cost (2022)	9%	16%	Better
Women Ages 18-64 Who Report Having a Pap Smear within the Past Three Years (2018-2020)	69%	68%	Same
Women Aged 40 and Older Who Report Having Had a Mammogram Within the Past Two Years (2020)	64%	62%	Better
Women Who Report Visiting a Dentist or Dental Clinic within the Past Year (2022)	66.9%	55.8%	Better

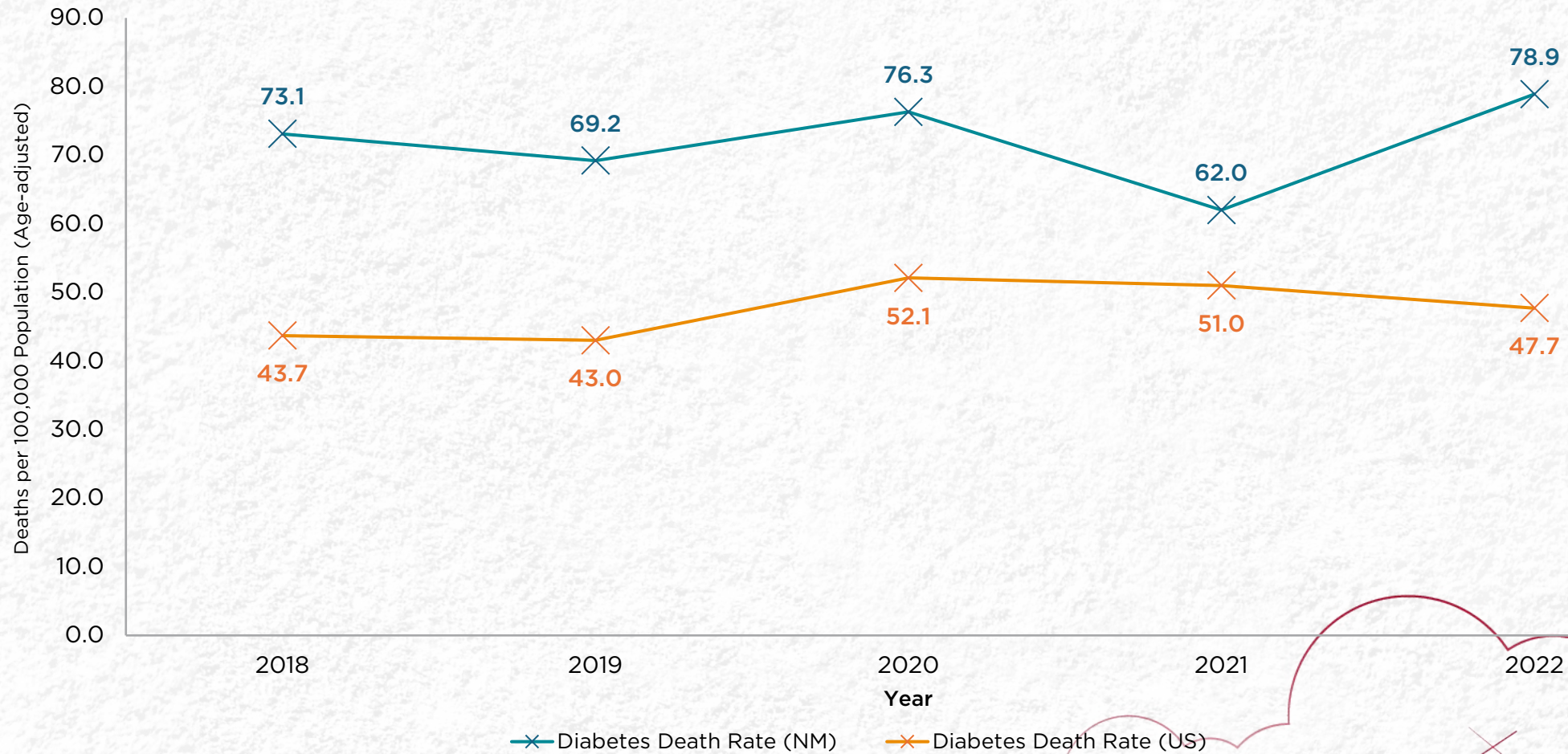


Native American Men's Health Indicators in New Mexico and US, 2022

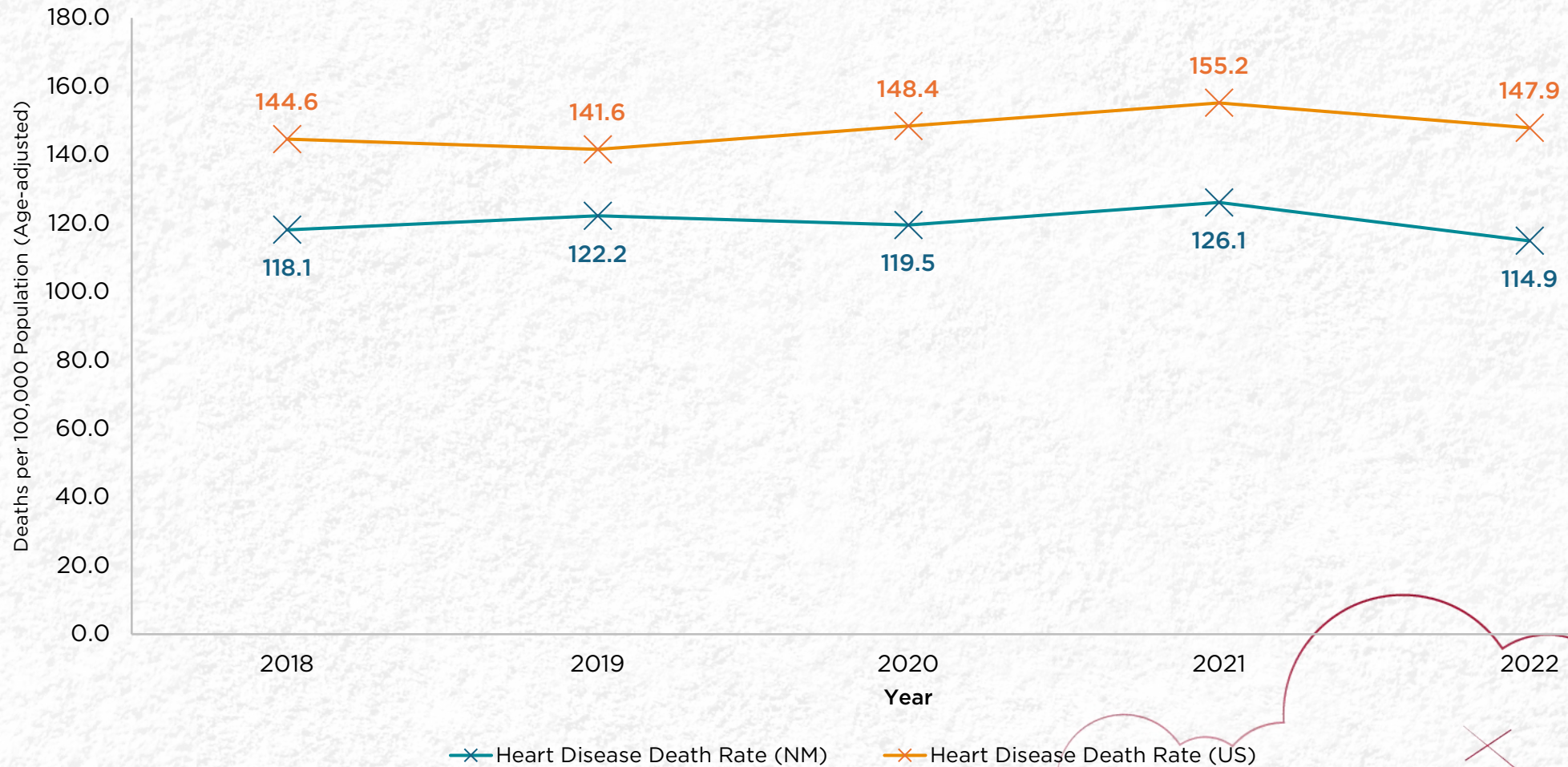
Men's Health Indicator	New Mexico	US	Better or Worse or Same as US
Men Who Report Fair or Poor Health Status (2022)	28%	27%	Same
Average Number of Poor Mental Health Days Reported in the Last 30 Days Among All Men (2022)	5.0%	5.6%	Same
Men Who Report Ever Being Told by a Doctor that They Have Diabetes (2022)	23%	19%	Worse
Men Who Report Having No Personal Doctor/Health Care Provider (2022)	41%	25%	Worse
Men Who Report Visiting a Dentist or Dental Clinic within the Past Year (2022)	50%	53%	Worse



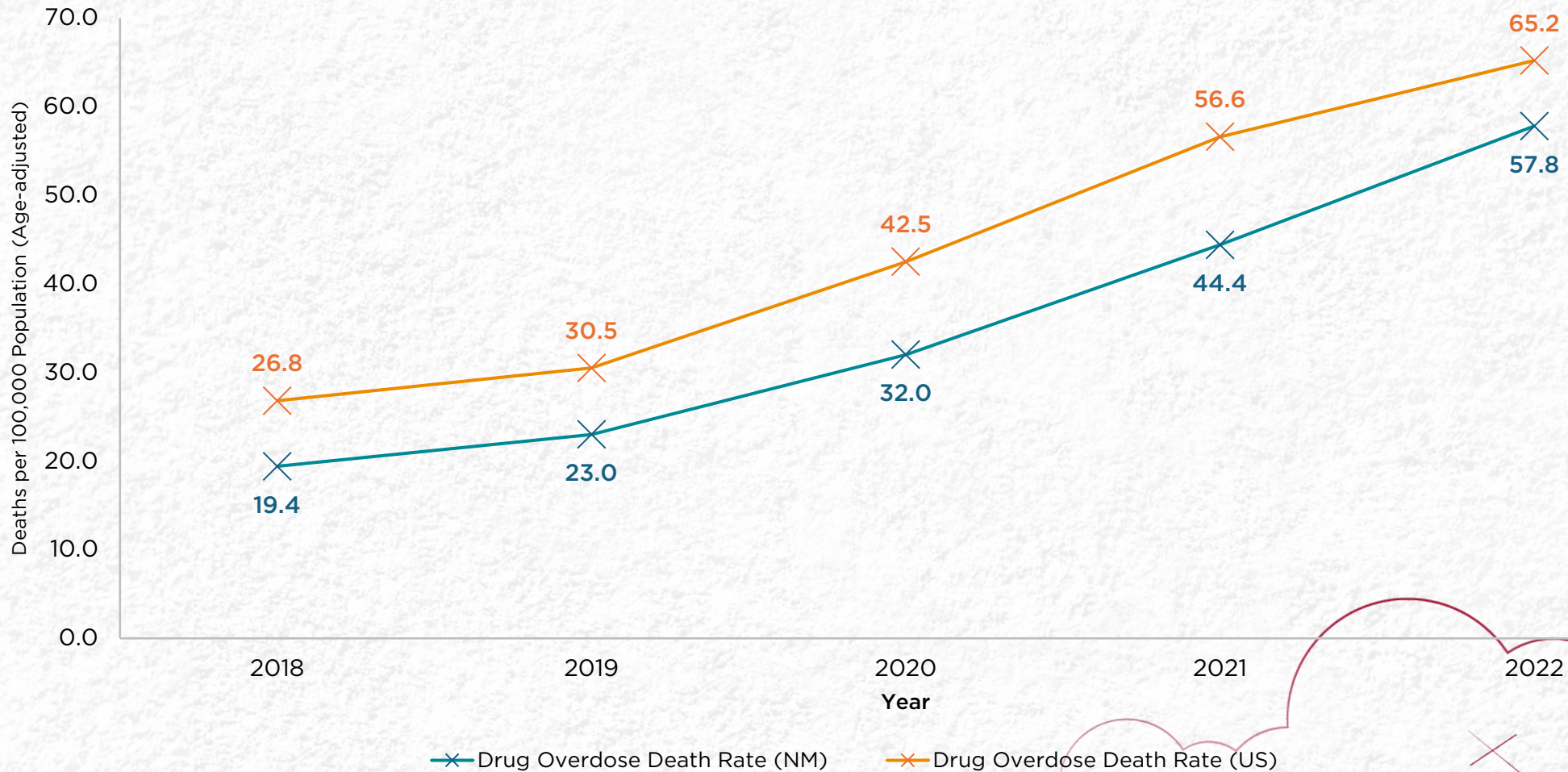
Native American Diabetes Death Rate by Year in New Mexico and US, 2018-2022



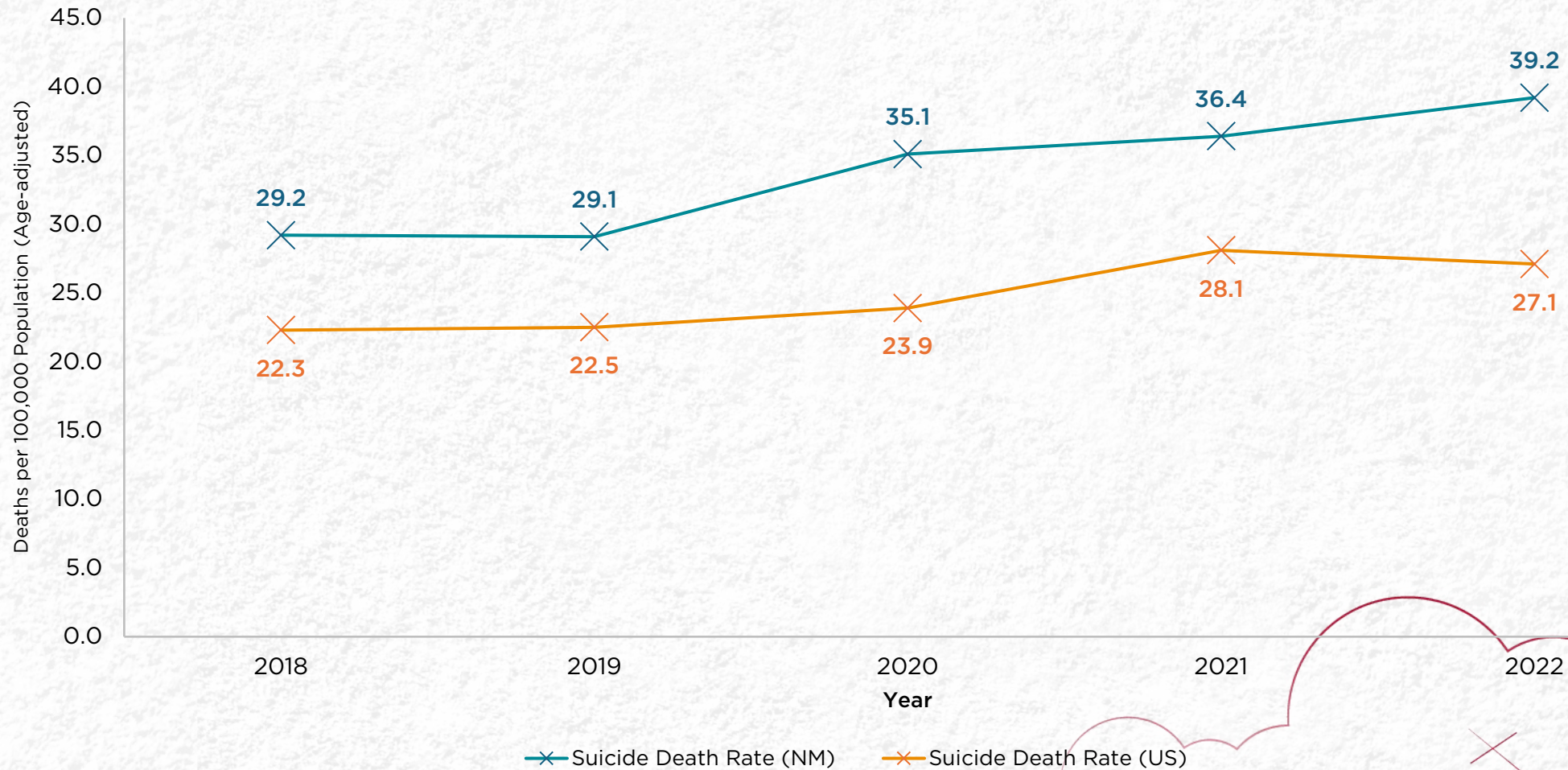
Native American Heart Disease Death Rate by Year in New Mexico and US, 2018-2022



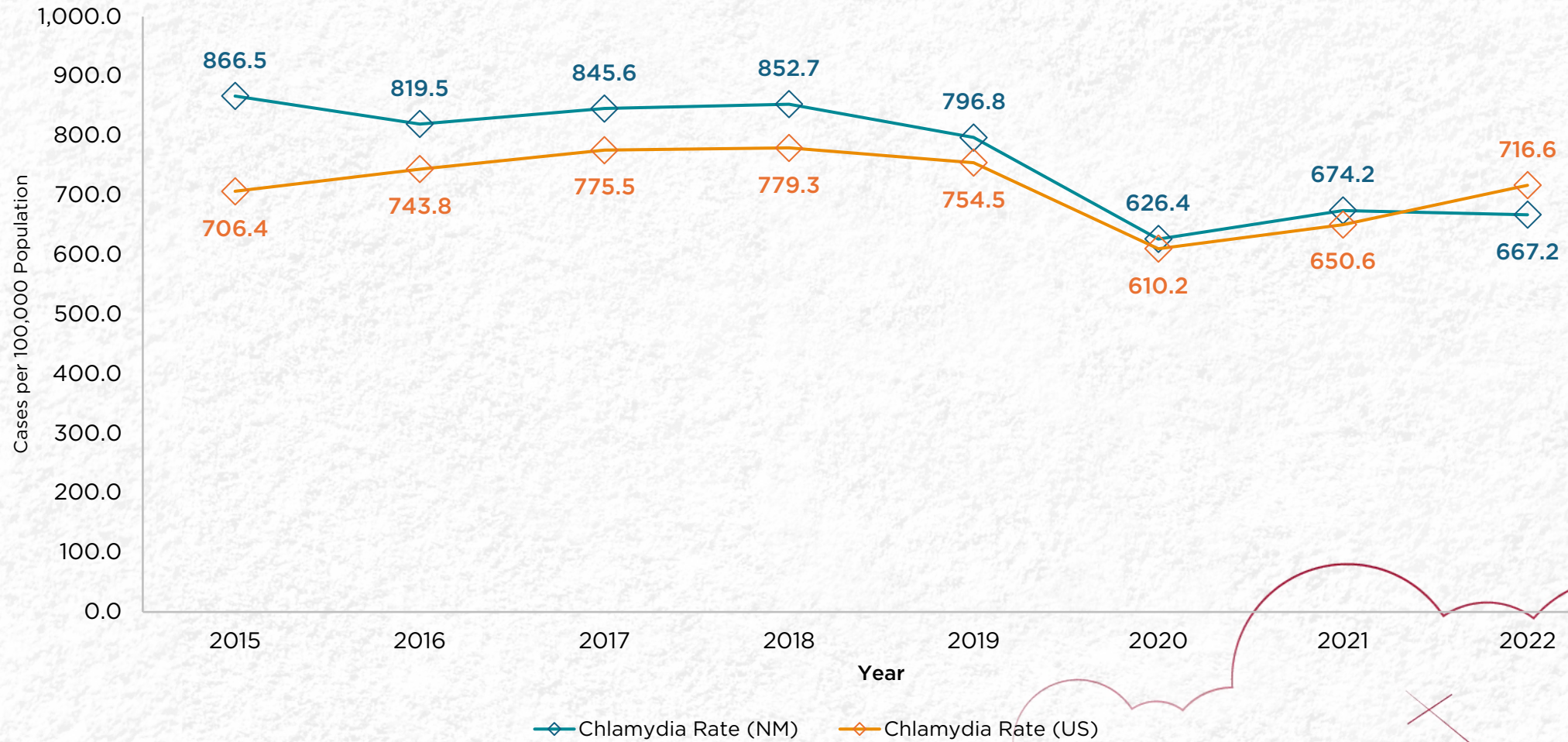
Native American Drug Overdose Death Rate by Year in New Mexico and US, 2018-2022



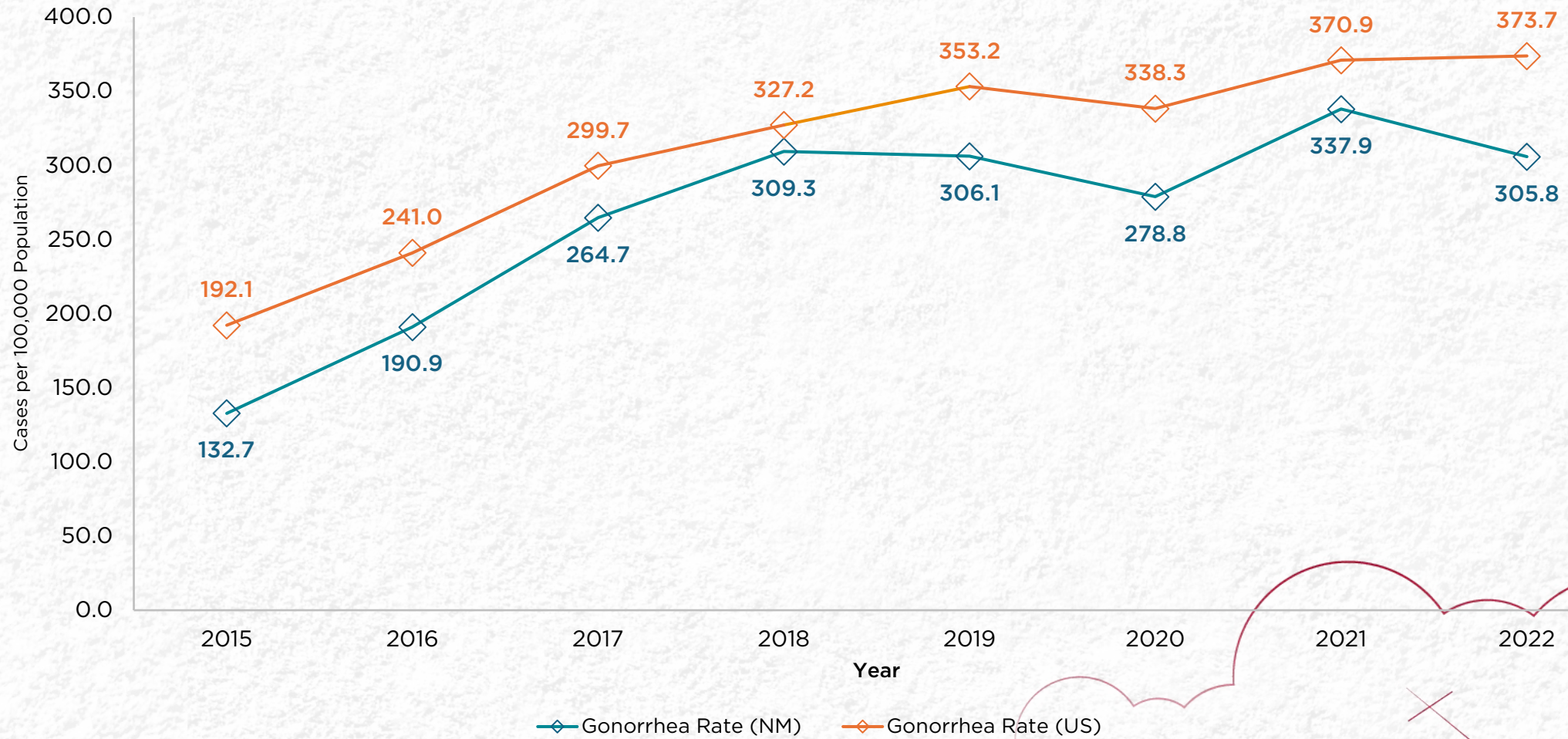
Native American Suicide Death Rate by Year in New Mexico and US, 2018-2022



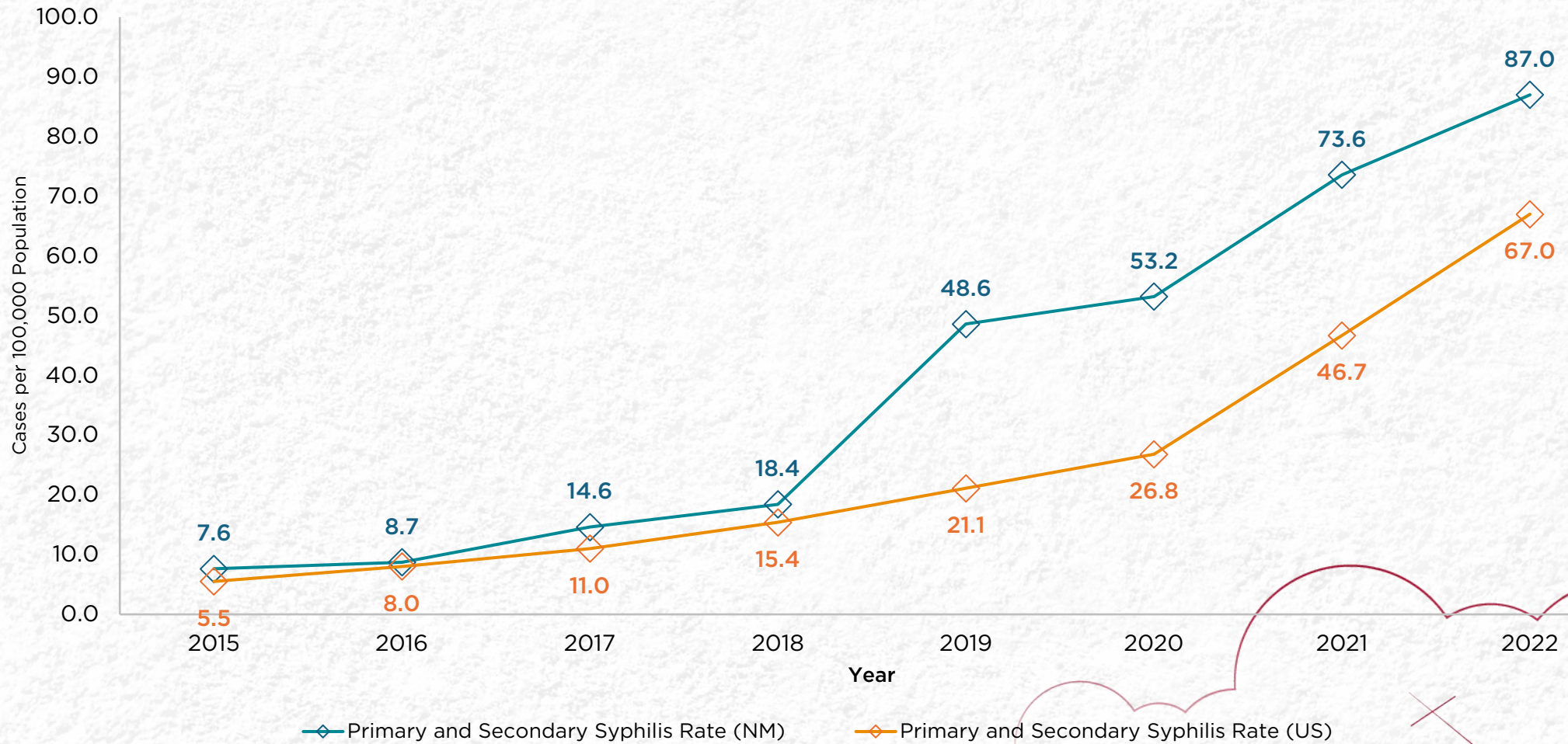
Native American Chlamydia Rate by Year in New Mexico and US, 2015-2022



Native American Gonorrhea Rate by Year in New Mexico and US, 2015-2022



Native American Primary and Secondary Syphilis Rate by Year in New Mexico and US, 2015-2022



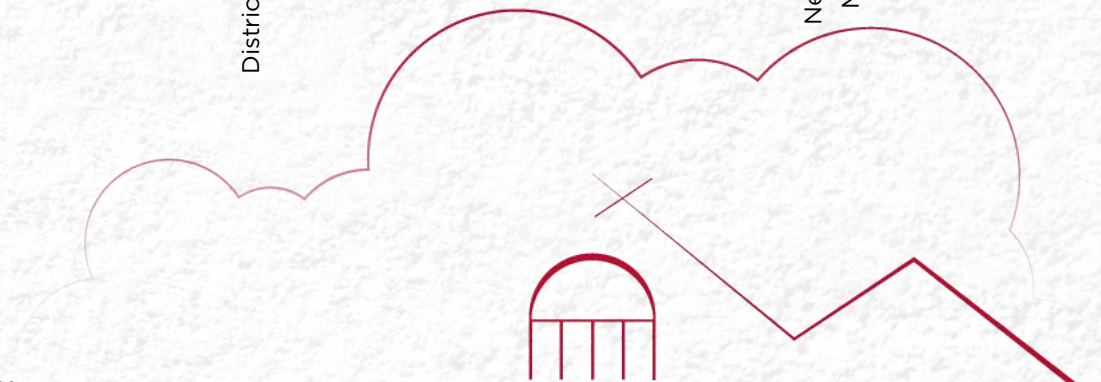
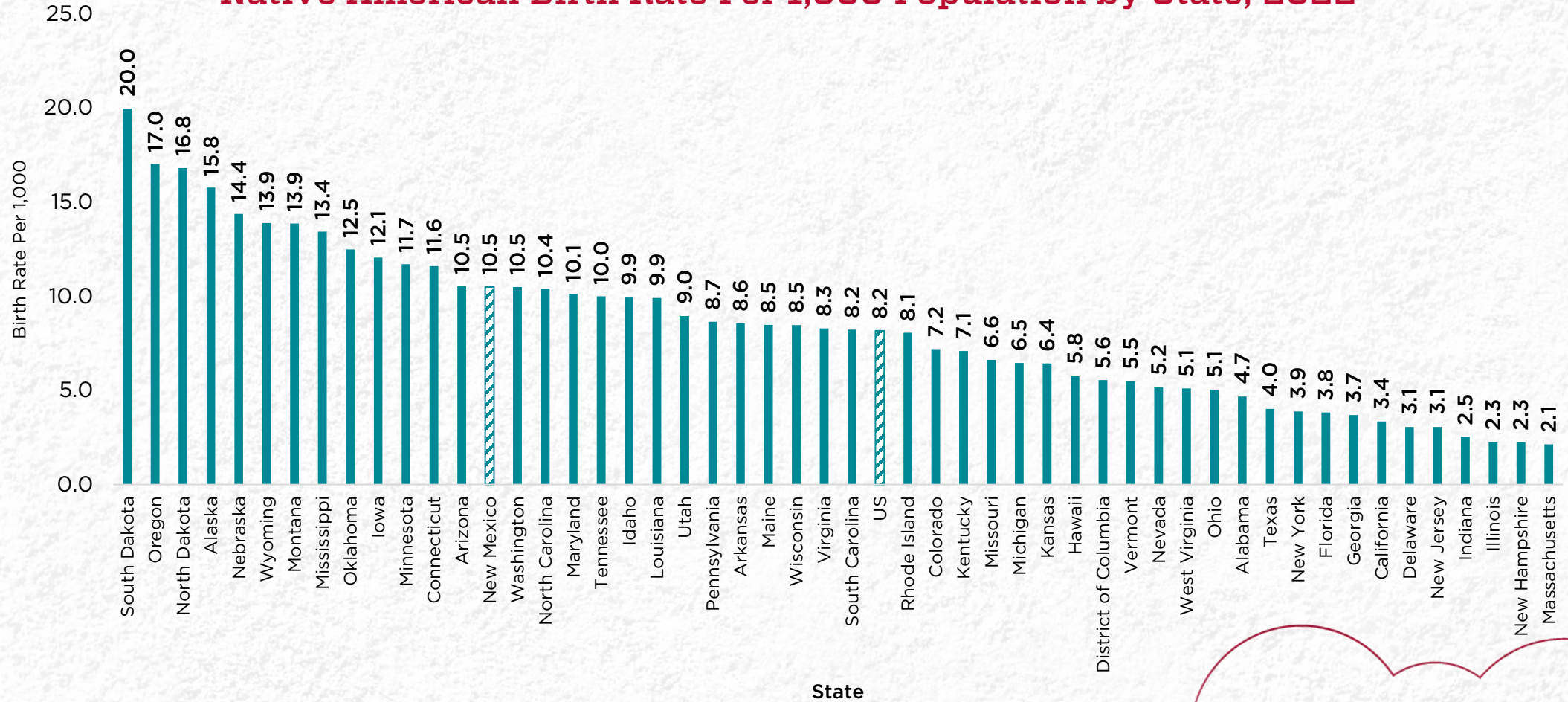
Native American Vitality Indicators in New Mexico

SECTION 2

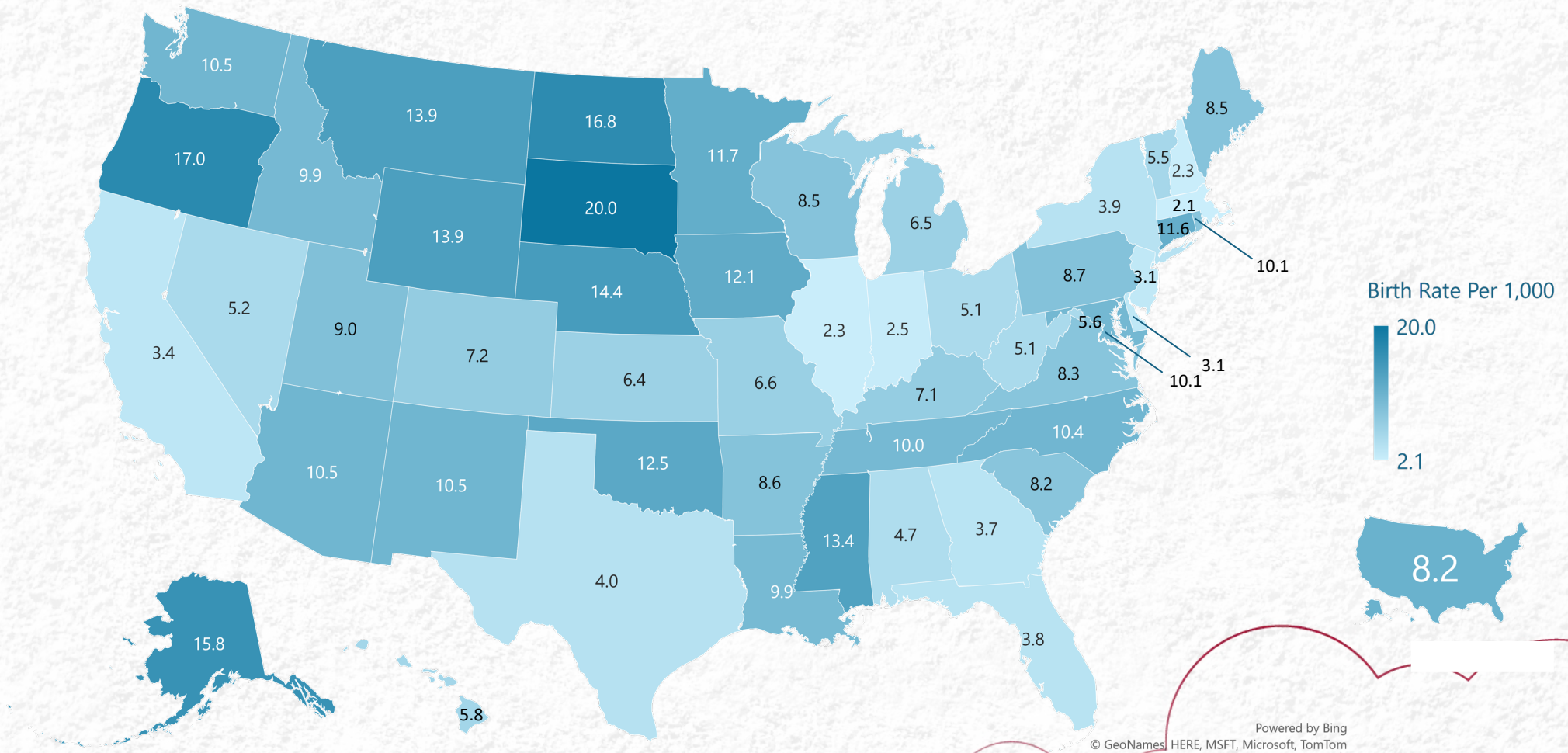
This section provides information and statistics on vitality for Native Americans residing in New Mexico.



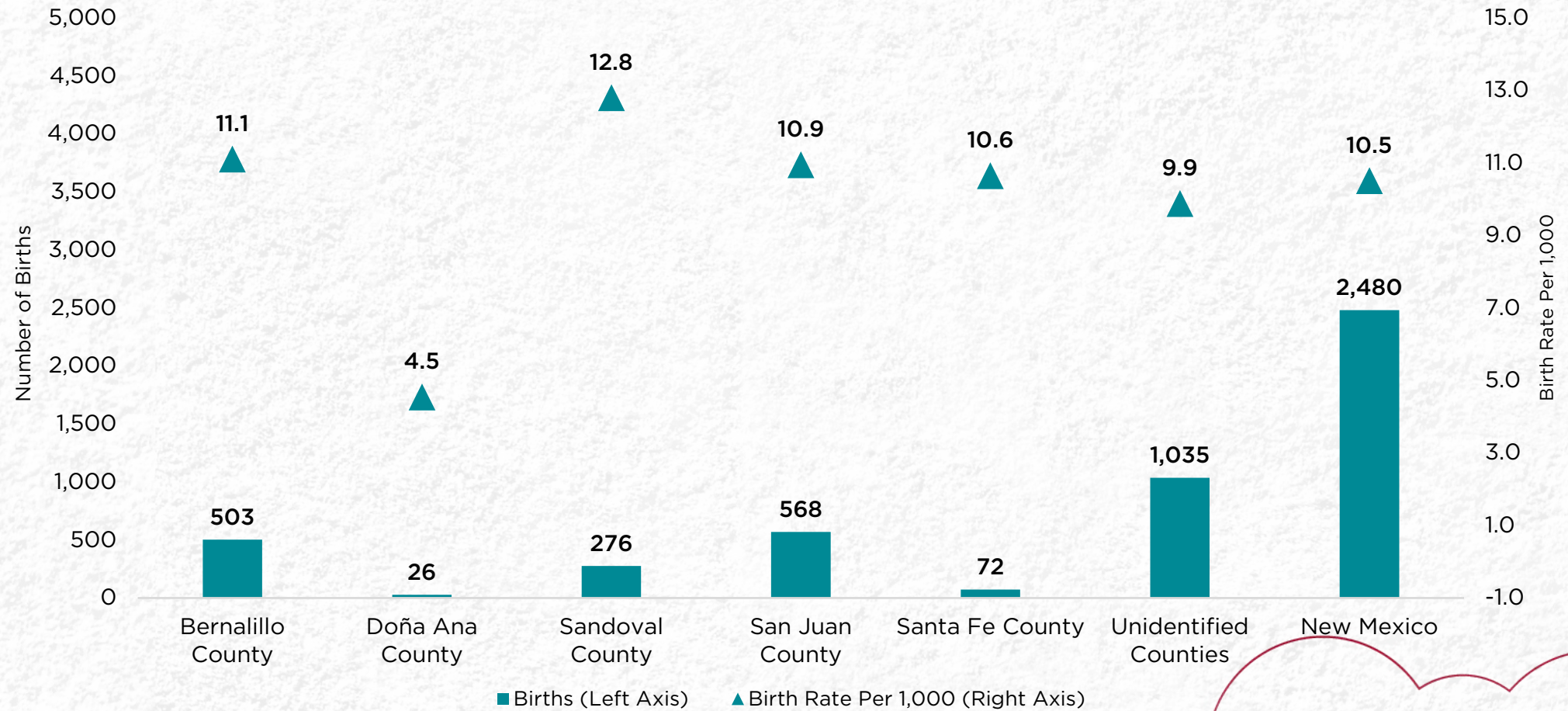
Native American Birth Rate Per 1,000 Population by State, 2022



Native American Birth Rate Per 1,000 Population by State, 2022



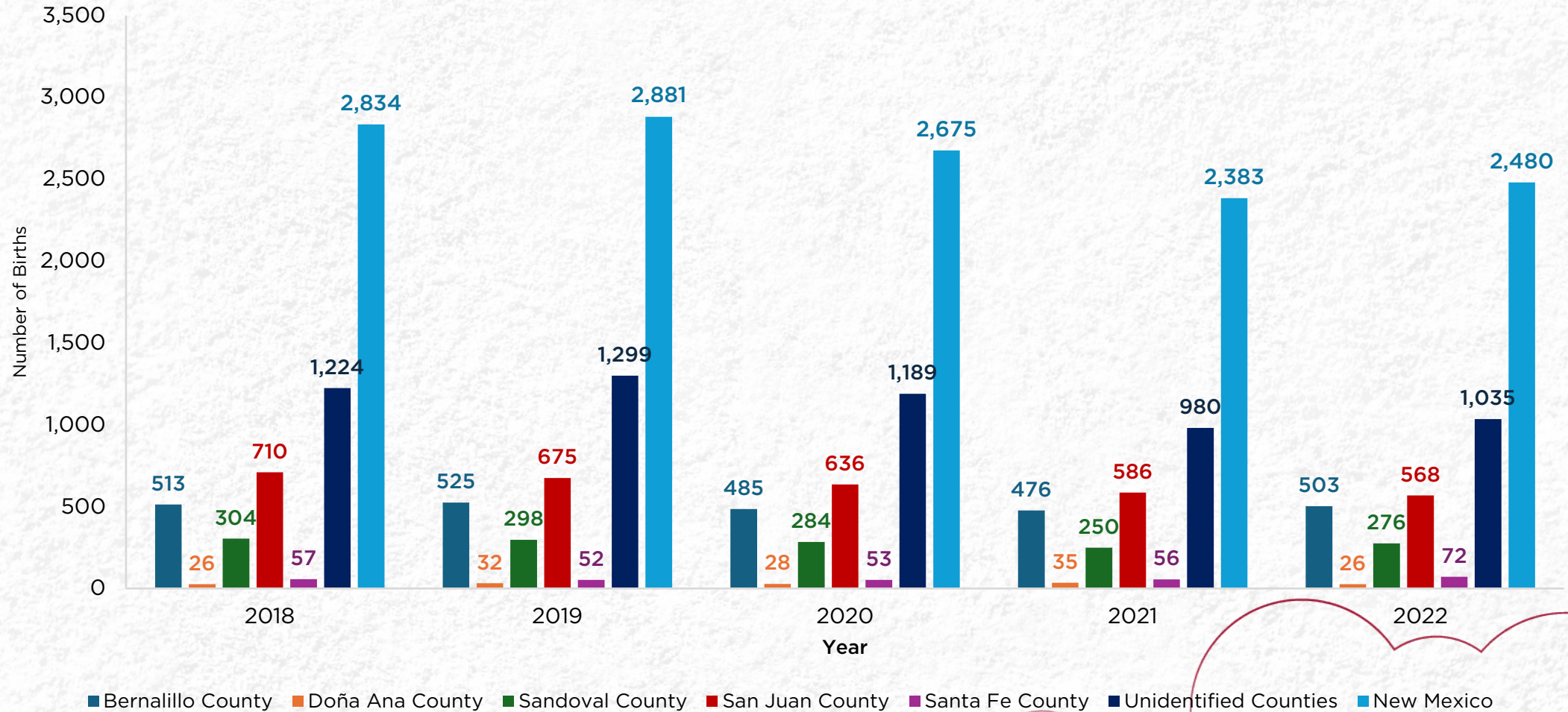
Native American Live Births and Birth Rate Per 1,000 Population by County in New Mexico, 2022



Source: Centers for Disease Control and Prevention, National Center for Health Statistics. National Vital Statistics System, Natality on CDC WONDER Online Database. Data are from the Natality Records 2016-2022, as compiled from data provided by the 57 vital statistics jurisdictions through the Vital Statistics Cooperative Program. Mother's Single Race 6: American Indian or Alaska Native and County of Residence. County-level data are shown for counties with populations of 100,000 persons or more. All counties with fewer than 100,000 persons are shown combined together under the label "Unidentified Counties" for the state. Accessed at <http://wonder.cdc.gov/natality-expanded-current.html> on May 11, 2024.



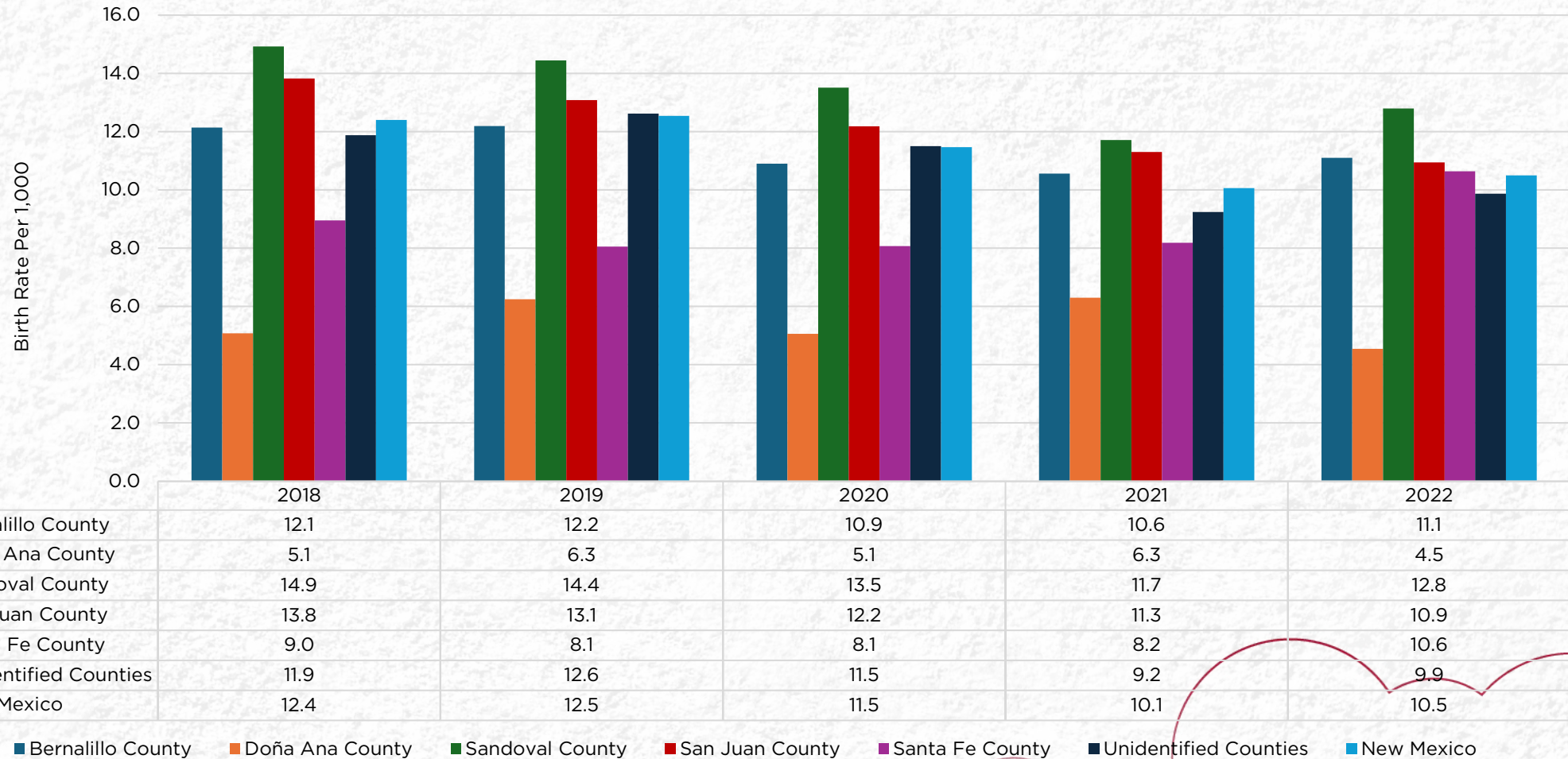
Native American Live Births by County and Year in New Mexico, 2018-2022



Source: Centers for Disease Control and Prevention, National Center for Health Statistics. National Vital Statistics System, Natality on CDC WONDER Online Database. Data are from the Natality Records 2016-2022, as compiled from data provided by the 57 vital statistics jurisdictions through the Vital Statistics Cooperative Program. Mother's Single Race 6: American Indian or Alaska Native and County of Residence. County-level data are shown for counties with populations of 100,000 persons or more. All counties with fewer than 100,000 persons are shown combined together under the label "Unidentified Counties" for the state. Accessed at <http://wonder.cdc.gov/natality-expanded-current.html> on May 11, 2024.



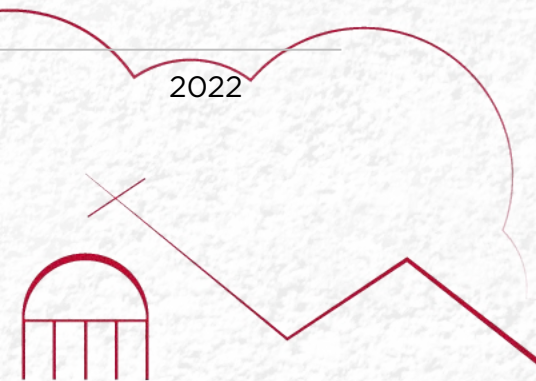
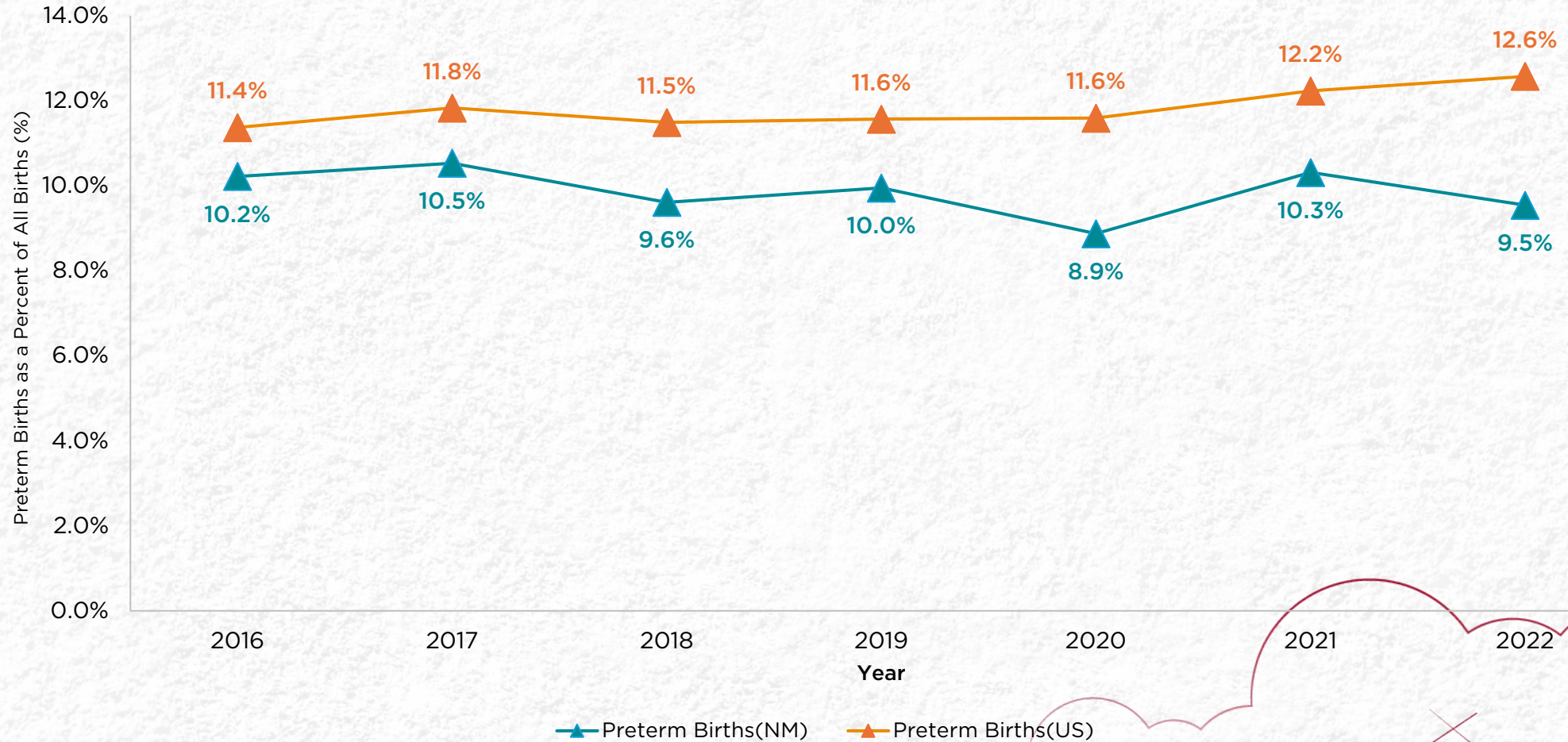
Native American Birth Rate Per 1,000 Population by County and Year in New Mexico, 2018-2022



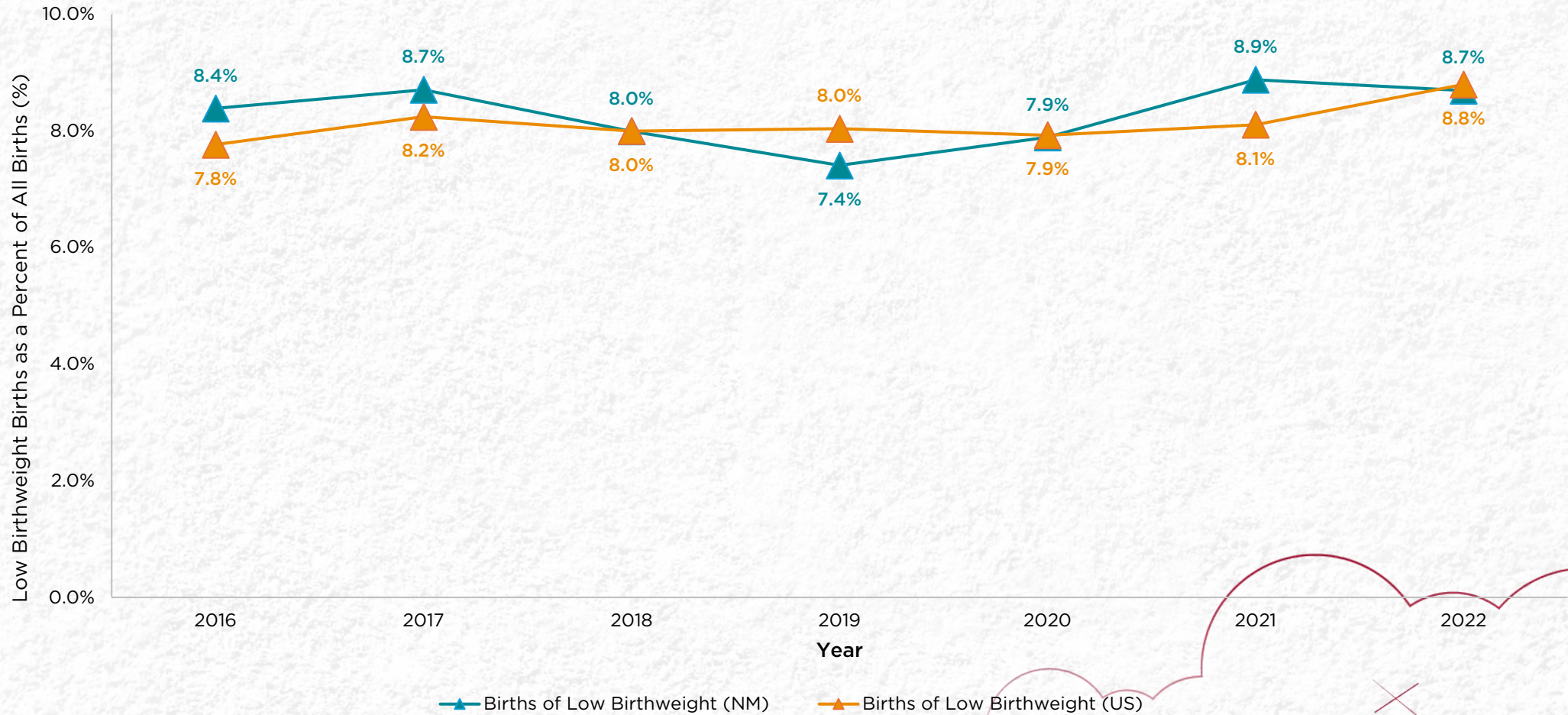
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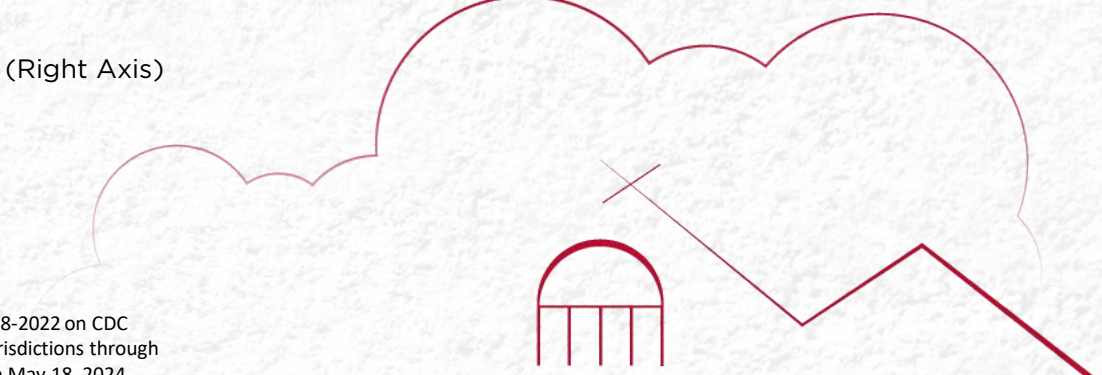
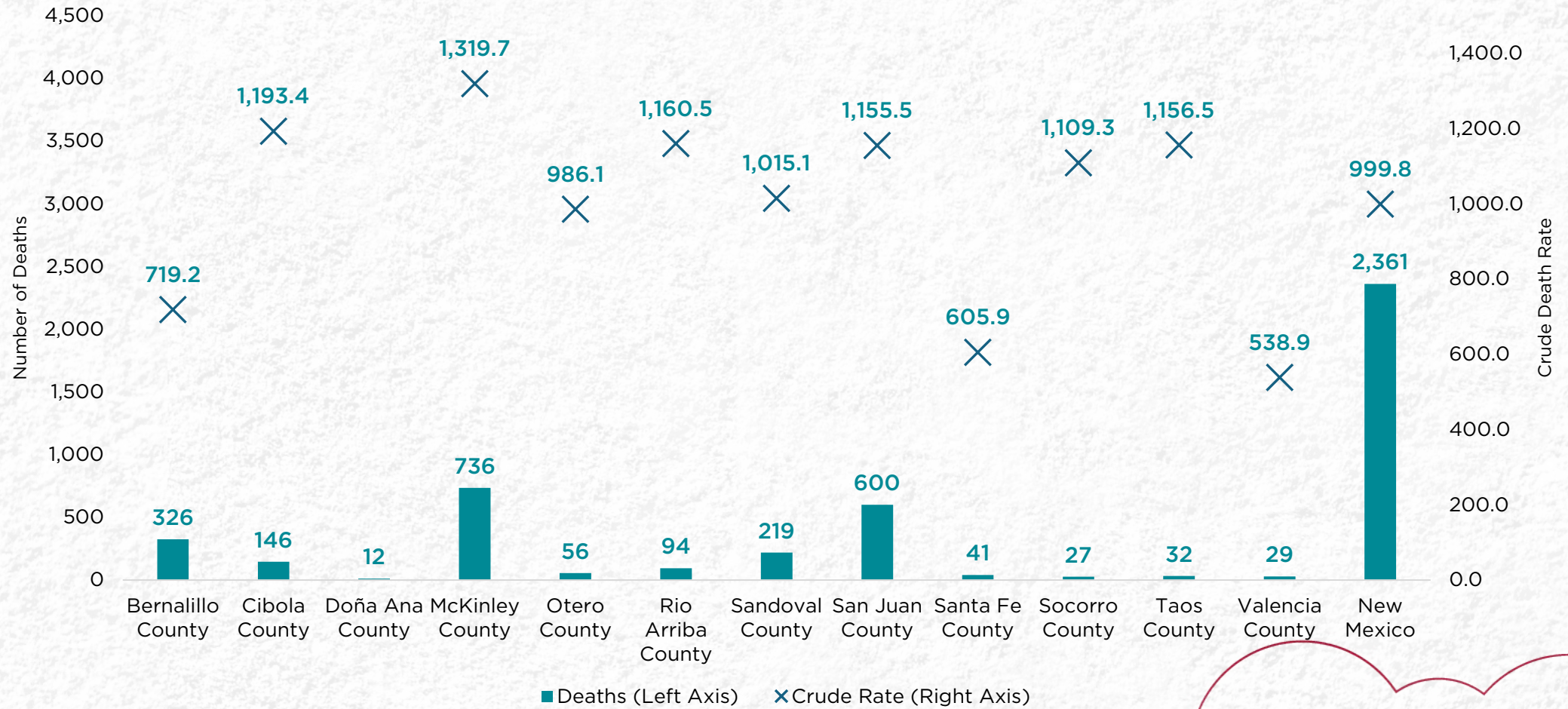
Native American Preterm Births as a Percent of All Births by Year in New Mexico, 2016-2022



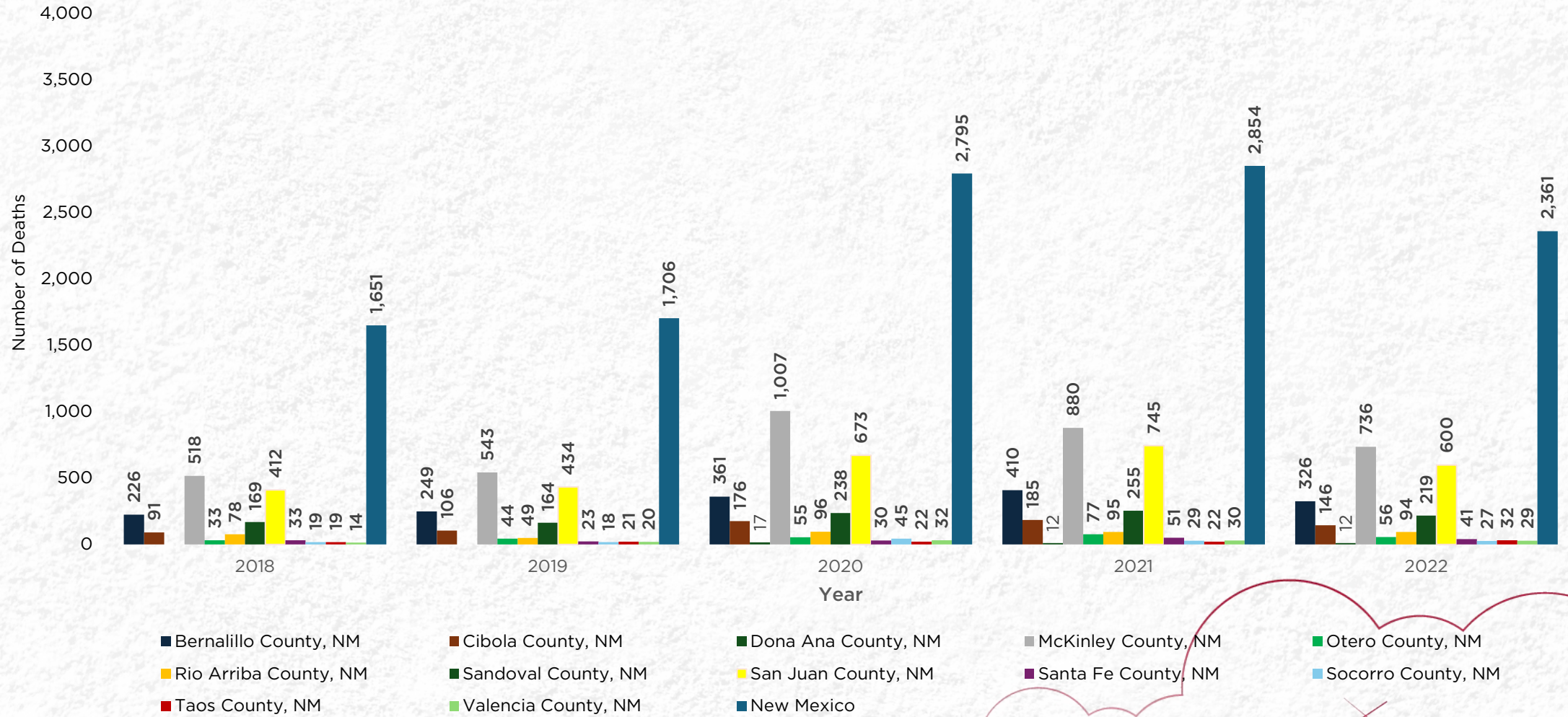
Native American Births of Low Birthweight as a Percent of All Births by Year in New Mexico, 2016-2022



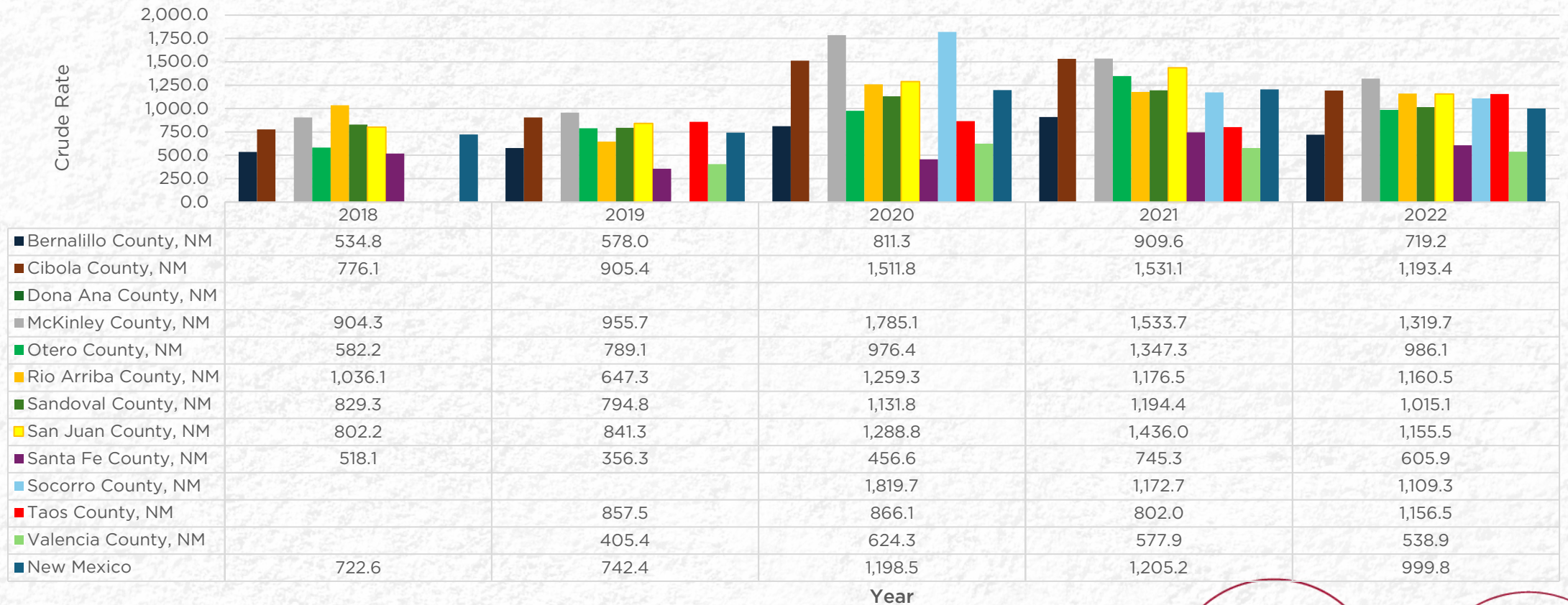
Native American Deaths and Crude Death Rate by County in New Mexico, 2022



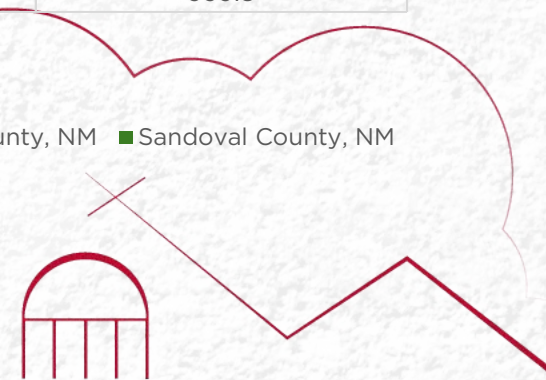
Native American Deaths by County and Year in New Mexico, 2018-2022



Native American Crude Death Rate by County and Year in New Mexico, 2018-2022



■ Bernalillo County, NM ■ Cibola County, NM ■ Dona Ana County, NM ■ McKinley County, NM ■ Otero County, NM ■ Rio Arriba County, NM ■ Sandoval County, NM
 ■ San Juan County, NM ■ Santa Fe County, NM ■ Socorro County, NM ■ Taos County, NM ■ Valencia County, NM ■ New Mexico



Native American Infant Deaths and Death Rate by Year in New Mexico, 2017-2021

