

Data Book 2024 | Volume 1 Issue 1: Native American Health Indicators & Vitality in New Mexico





NOTES & DISCLAIMER:

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ABOUT UNM NABPI:

The University of New Mexico Native American Budget and Policy Institute is a research and policy center, serving New Mexico's 23 Pueblos, Nations, and Tribes. The work of UNM NABPI focuses on research, budget, and policy analysis for systemic change anchored in tribally determined priorities and needs.

nabpi.unm.edu



Director's Message

Dear Tribal Leaders and Community Advocates,

The University of New Mexico Native American Budget and Policy Institute is a tribally driven research, advocacy, and policy institute designed to serve the 23 Pueblo, Nations, and Tribes in New Mexico. The goal and mission of the Institute is to provide research, advocacy, and policy initiatives to help tribal leaders, policymakers, advocates, and the public understand the needs and challenges of New Mexico's tribal nations.

As part of our mission, we are proud to release the inaugural UNM NABPI Data Book. The 2024 UNM NABPI Data Book is comprised of four separate issues each focused on specific topics that include population demographics, health, education, and economic well-being. The 2024 Data Book is designed to provide New Mexico Tribal specific data. Each issue contains tribal, state, and national comparisons.

All data within the Data Book comes from secondary sources and was compiled by UNM NABPI. The secondary data sources include but are not limited to the U.S. Census, the American Community Survey, the Center for Disease Control and Prevention, and the New Mexico Department of Health.

The Data Book is part of a broader strategy to make data accessible to tribal nations and advocates statewide. We welcome your feedback as we develop additional data supplements and innovative tools to address the needs of our nations.

Kunda Wo'ha. Sincerely,

Carmela M. Roybal, PhD., MBGPH., MA (Ohkay Owingeh) Executive Director University of New Mexico Native American Budget & Policy Institute



DATA BOOK INTRODUCTION

This Data Book is a compilation of demographic, economic, health, and education statistics of Native Americans residing in New Mexico. In this Data Book, a variety of information are contained within that allows comparisons across a multitude of characteristics and is intended as a reference for tribal leaders and researchers.

In this Issue, Native American health and vital indicators are presented.



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Native American Health Indicators in New Mexico

SECTION 1

This section provides information and statistics on health for Native Americans residing in New Mexico.



Native American Adult Health Indicators in New Mexico and US, 2022

Adult Health Indicator	New Mexico	US	Better or Worse or Same as US	
Adults Who Report Being Told by a Doctor that They Have Cardiovascular Disease (2022)	7.1%	11.3%	Better	
Adults Who Report Ever Being Told by a Doctor that They Have Diabetes (2022)	18.5%	18.5%	Same	
Adults Who Report Fair or Poor Health Status (2022)	25.3%	28.7%	Better	
Adults Who Report Currently Having Asthma (2022)	10.1%	14.2%	Better	
Adults Who Report Having Arthritis (2022)	17.4%	34.1%	Better	
Adults Who Are Obese (2022)	42.6%	37.8%	Worse	
Adults Who Report Participation in Any Physical Activity or Exercise (2022)	69.0%	72.0%	Worse	
Number of Reported Chlamydia Cases (2022)	667.2	716.6	Better	
Number of Reported Gonorrhea Cases (2022)	305.8	373.7	Better	
Number of Primary and Secondary Syphilis Cases (2022)	87.0	67.0	Worse	
Adults Who Report Visiting the Dentist or Dental Clinic within the Past Year (2022)	59.4%	54.4%	Better	

Source: KFF analysis of the Centers for Disease Control and Prevention (CDC)'s 2022 Behavioral Risk Factor Surveillance System (BRFSS); KFF analysis of Centers for Disease Control and Prevention, National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention (NCHHSTP) AtlasPlus accessed 2024. <u>https://www.kff.org</u>. Accessed from KFF on May 18, 2024.



Native American Women's Health Indicators in New Mexico and US, 2022

Women's Health Indicator	New Mexico	US	Better or Worse or Same as US
Women Who Report Fair or Poor Health Status (2022)	23%	31%	Better
Average Number of Poor Mental Health Days Reported in the Last 30 Days Among All Women (2022)	5.7	7.2	Better
Preterm Births as a Percent of All Births (2022)	9.5%	12.6%	Better
Births of Low Birthweight as a Percent of All Births (2022)	8.7%	8.8%	Same
Women Who Report Ever Being Told by a Doctor that They Have Diabetes (2022)	14.9%	18.5%	Better
Breast Cancer Incidence Rate per 100,000 (2020)	53.7	90.6	Better
Women Who Report Having No Personal Doctor/Health Care Provider (2022)	29%	15%	Worse
Women Who Report Not Seeing a Doctor in the Past 12 Months Due to Cost (2022)	9%	16%	Better
Women Ages 18-64 Who Report Having a Pap Smear within the Past Three Years (2018-2020)	69%	68%	Same
Women Aged 40 and Older Who Report Having Had a Mammogram Within the Past Two Years (2020)	64%	62%	Better
Women Who Report Visiting a Dentist or Dental Clinic within the Past Year (2022)	66.9%	55.8%	Better

Source: KFF analysis of United States Cancer Statistics - Incidence: 1999 - 2020, WONDER Online Database. United States Department of Health and Human Services, Centers for Disease Control and Prevention and National Cancer Institute; 2023. Accessed at https://wonder.cdc.gov/cancer-v2019.HTML on March 11, 2024; KFF analysis of the Centers for Disease Control and Prevention (CDC)'s 2022 Behavioral Risk Factor Surveillance System (BRFSS); KFF analysis of Centers for Disease Control and Prevention, National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention (NCHHSTP) AtlasPlus accessed 2024. https://www.kff.org. Accessed from KFF on May 18, 2024.



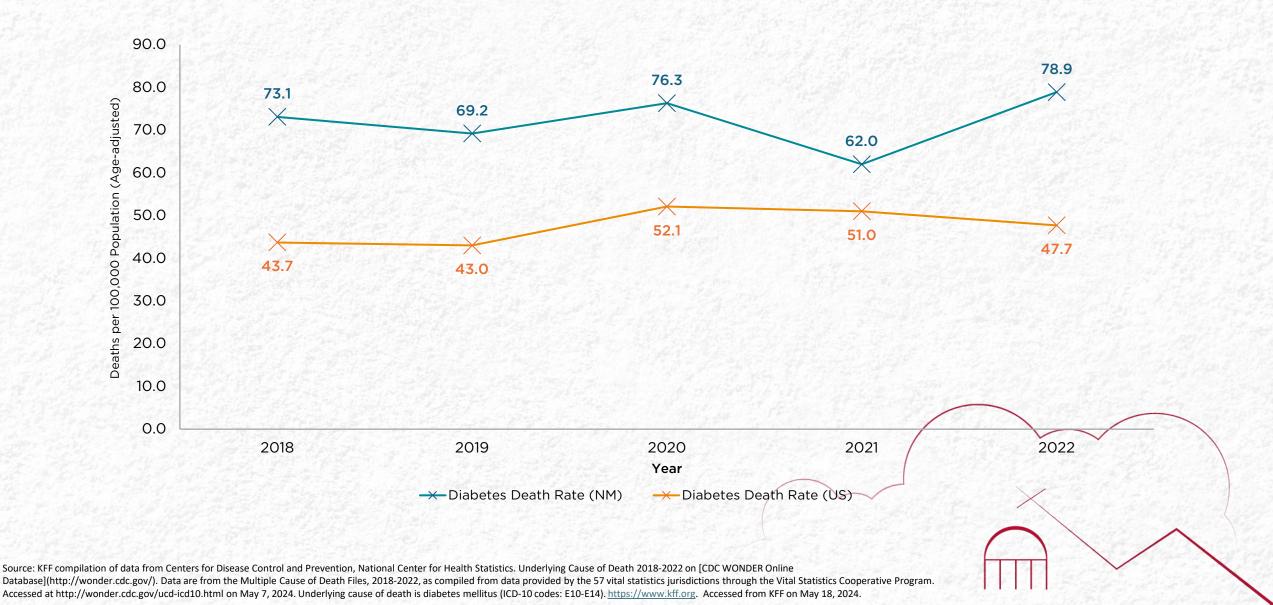
Native American Men's Health Indicators in New Mexico and US, 2022

Men's Health Indicator	New Mexico	US	Better or Worse or Same as US
Men Who Report Fair or Poor Health Status (2022)	28%	27%	Same
Average Number of Poor Mental Health Days Reported in the Last 30 Days Among All Men (2022)	5.0%	5.6%	Same
Men Who Report Ever Being Told by a Doctor that They Have Diabetes (2022)	23%	19%	Worse
Men Who Report Having No Personal Doctor/Health Care Provider (2022)	41%	25%	Worse
Men Who Report Visiting a Dentist or Dental Clinic within the Past Year (2022)	50%	53%	Worse

Source: KFF analysis of the Centers for Disease Control and Prevention (CDC)'s 2022 Behavioral Risk Factor Surveillance System (BRFSS). https://www.kff.org. Accessed from KFF on May 18, 2024.

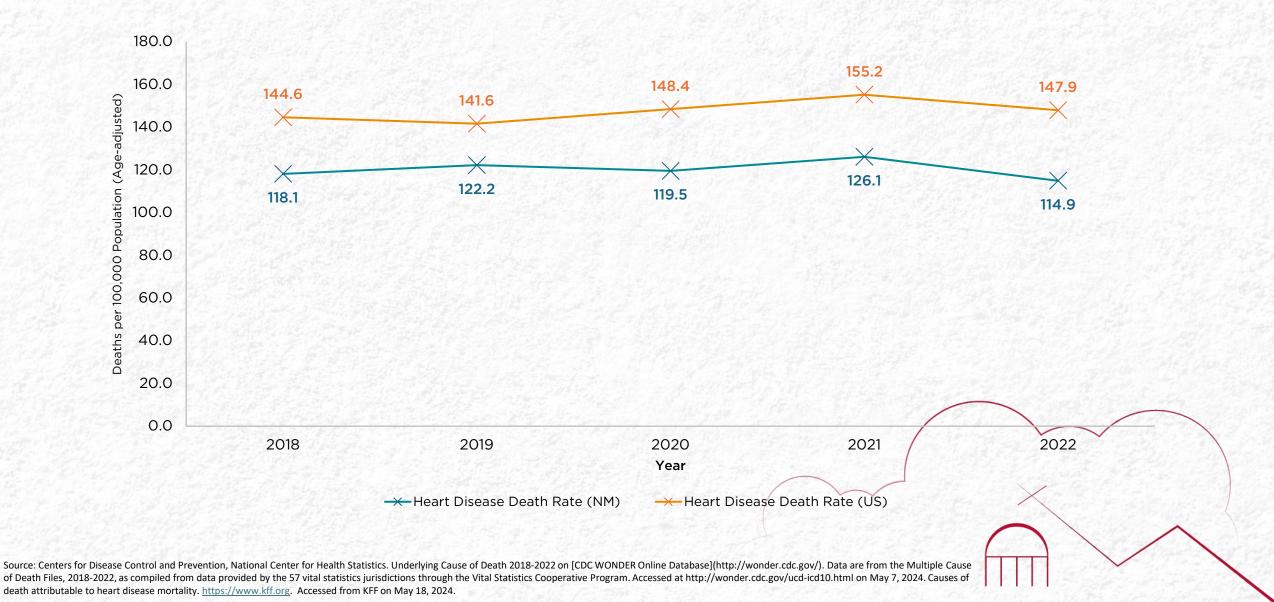


Native American Diabetes Death Rate by Year in New Mexico and US, 2018-2022



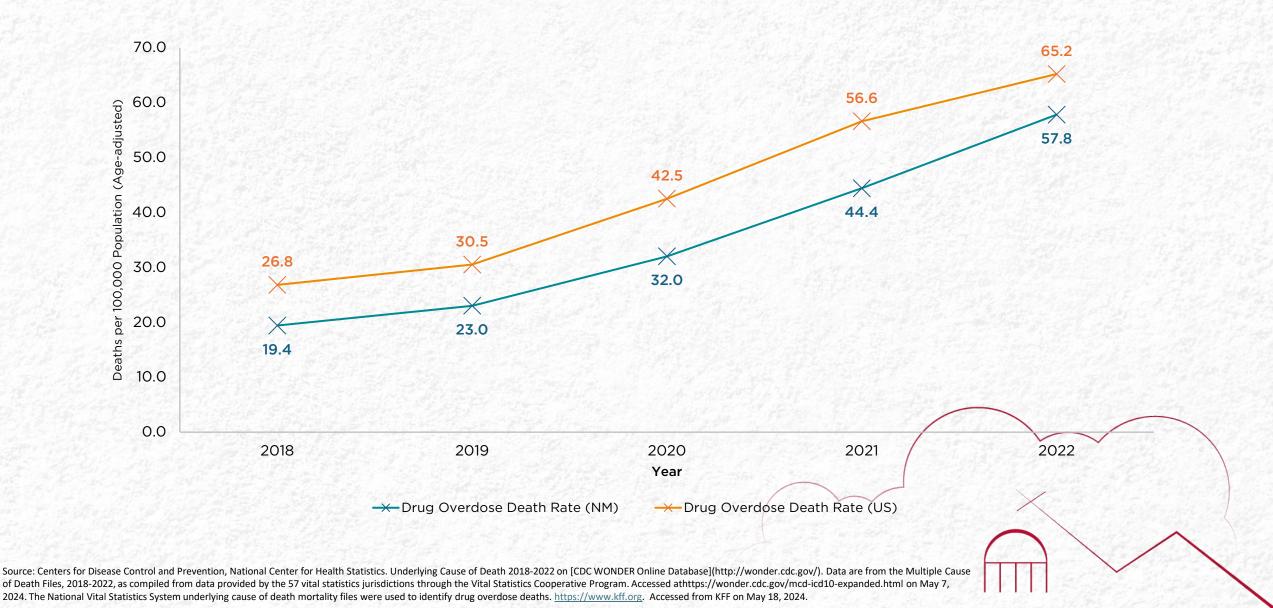


Native American Heart Disease Death Rate by Year in New Mexico and US, 2018-2022



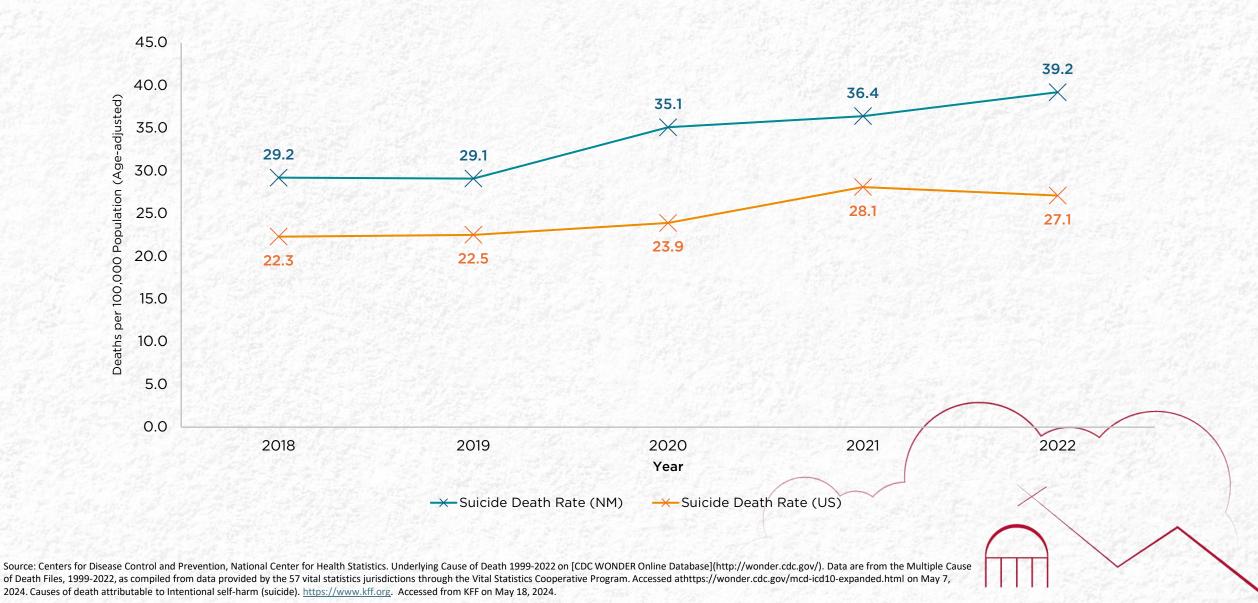


Native American Drug Overdose Death Rate by Year in New Mexico and US, 2018-2022



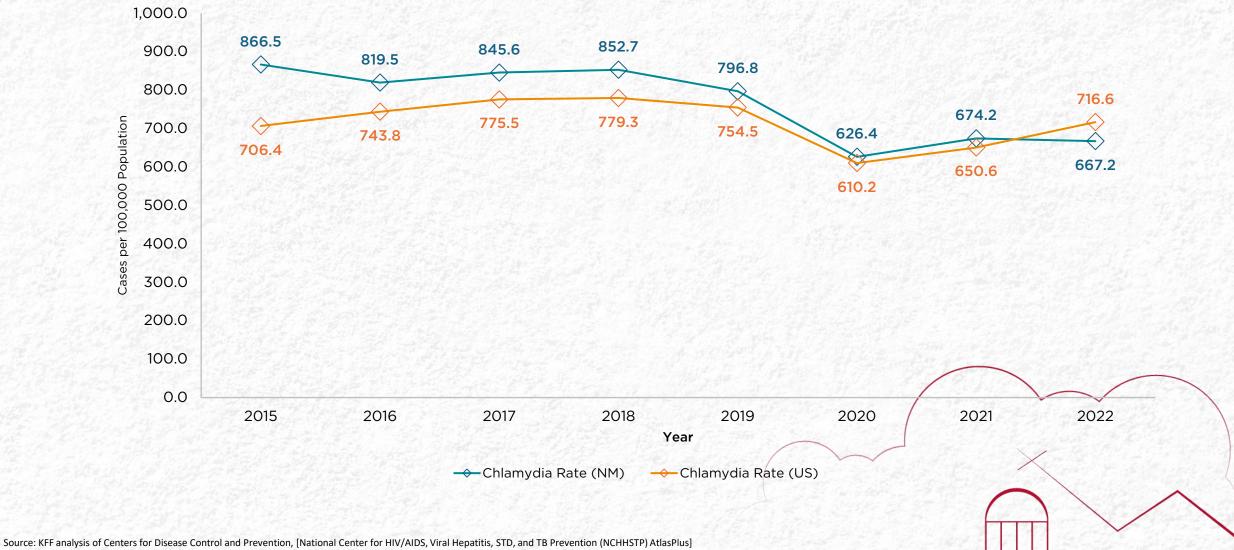


Native American Suicide Death Rate by Year in New Mexico and US, 2018-2022





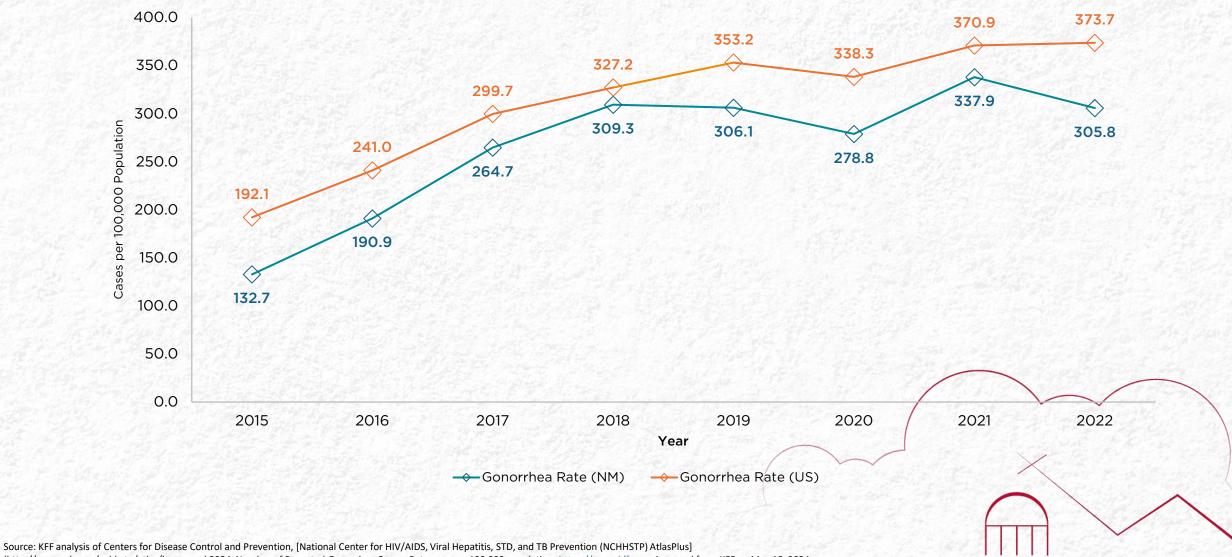
Native American Chlamydia Rate by Year in New Mexico and US, 2015-2022



(http://www.cdc.gov/nchhstp/atlas/) accessed 2024. Number of Reported Chlamydia Cases. Rates are per 100,000 population. https://www.kff.org. Accessed from KFF on May 18, 2024.



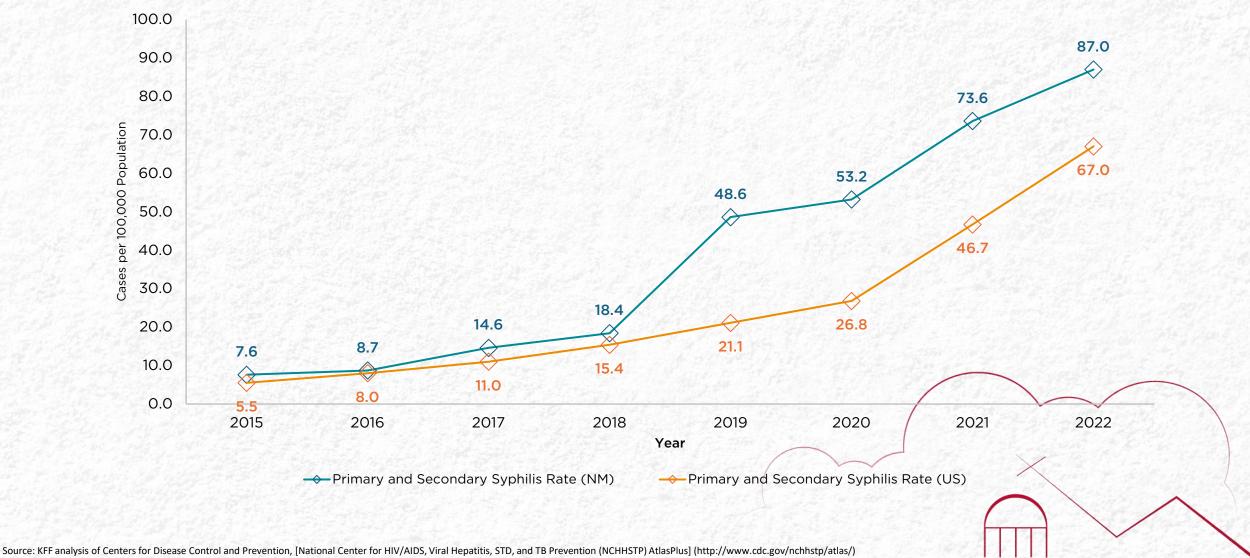
Native American Gonorrhea Rate by Year in New Mexico and US, 2015-2022



(http://www.cdc.gov/nchhstp/atlas/) accessed 2024. Number of Reported Gonorrhea Cases. Rates are per 100,000 population. https://www.kff.org. Accessed from KFF on May 18, 2024.



Native American Primary and Secondary Syphilis Rate by Year in New Mexico and US, 2015-2022



accessed 2024. Number of Reported Primary and Secondary Syphilis Cases. Rates are per 100,000 population. https://www.kff.org. Accessed from KFF on May 18, 2024.

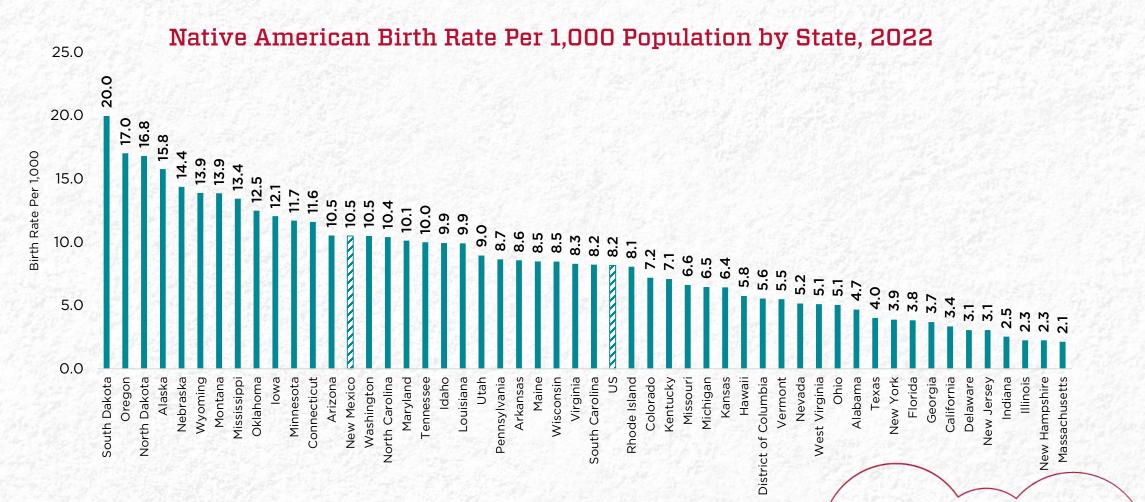


Native American Vitality Indicators in New Mexico

SECTION 2

This section provides information and statistics on vitality for Native Americans residing in New Mexico.



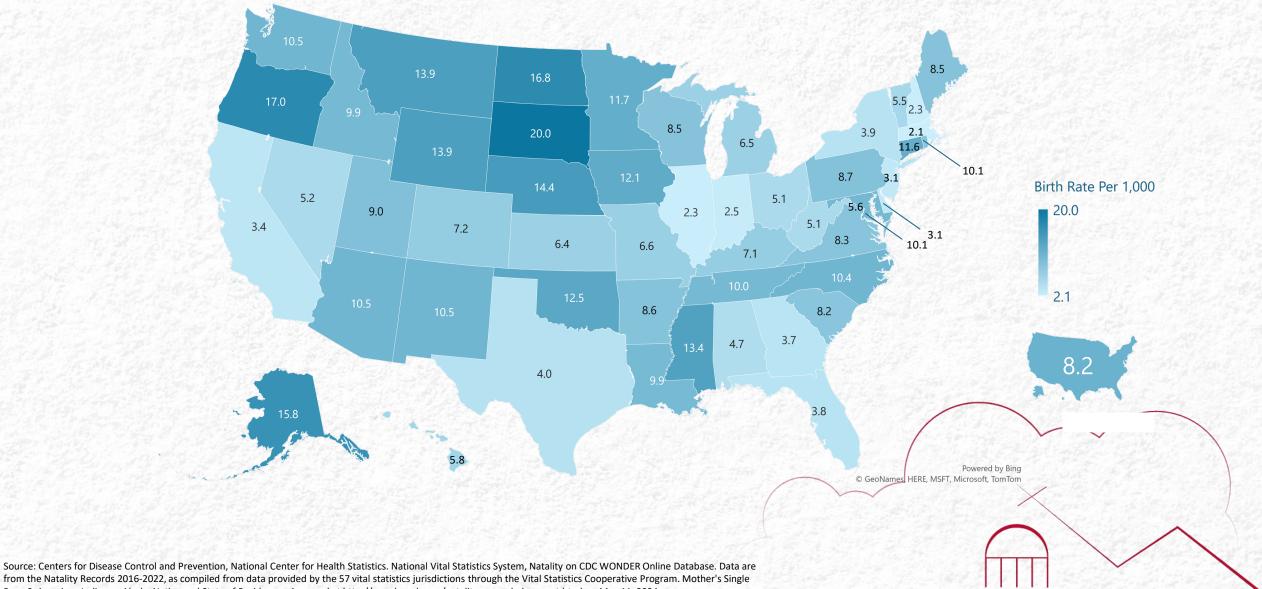


State

Source: Centers for Disease Control and Prevention, National Center for Health Statistics. National Vital Statistics System, Natality on CDC WONDER Online Database. Data are from the Natality Records 2016-2022, as compiled from data provided by the 57 vital statistics jurisdictions through the Vital Statistics Cooperative Program. Mother's Single Race 6: American Indian or Alaska Native and State of Residence. Accessed at http://wonder.cdc.gov/natality-expanded-current.html on May 11, 2024.



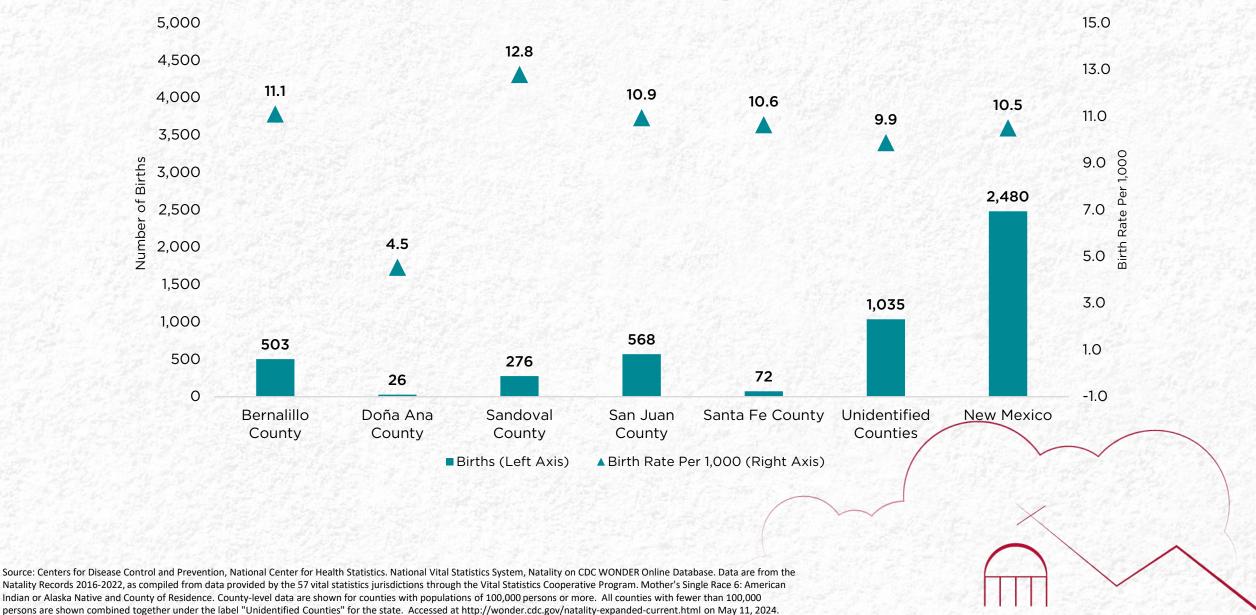
Native American Birth Rate Per 1,000 Population by State, 2022



Race 6: American Indian or Alaska Native and State of Residence. Accessed at http://wonder.cdc.gov/natality-expanded-current.html on May 11, 2024.

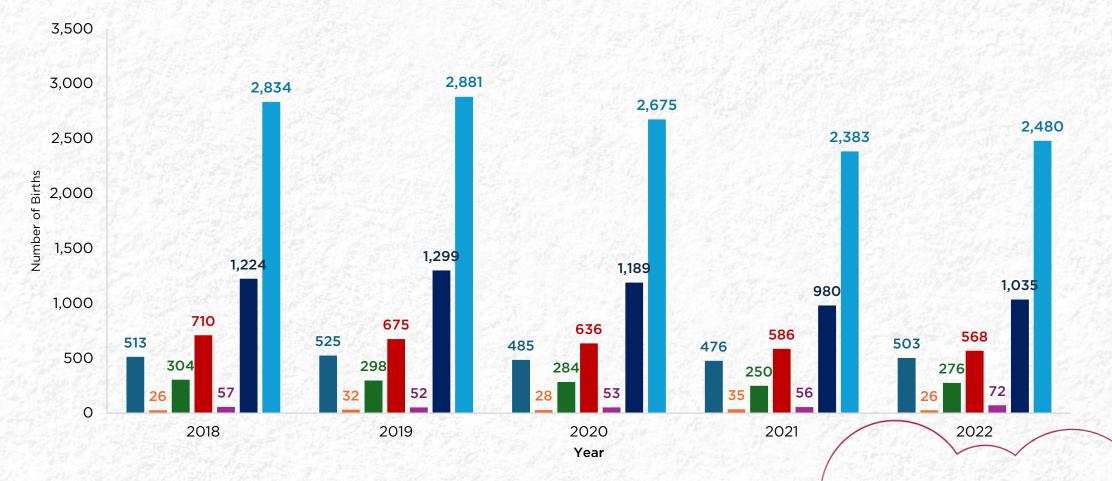


Native American Live Births and Birth Rate Per 1,000 Population by County in New Mexico, 2022





Native American Live Births by County and Year in New Mexico, 2018-2022

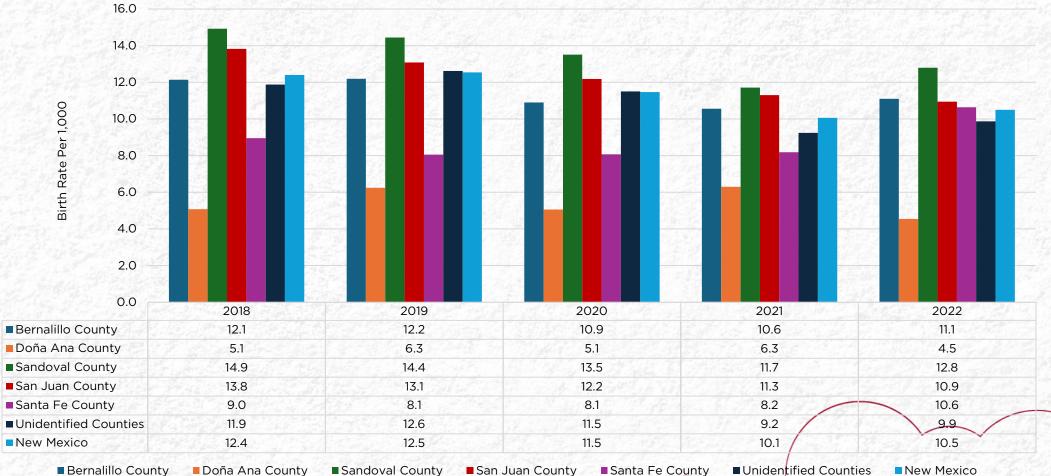


■Bernalillo County ■Doña Ana County ■Sandoval County ■San Juan County ■Santa Fe County ■Unidentified Counties ■New Mexico

Source: Centers for Disease Control and Prevention, National Center for Health Statistics. National Vital Statistics System, Natality on CDC WONDER Online Database. Data are from the Natality Records 2016-2022, as compiled from data provided by the 57 vital statistics jurisdictions through the Vital Statistics Cooperative Program. Mother's Single Race 6: American Indian or Alaska Native and County of Residence. County-level data are shown for counties with populations of 100,000 persons or more. All counties with fewer than 100,000 persons are shown combined together under the label "Unidentified Counties" for the state. Accessed at http://wonder.cdc.gov/natality-expanded-current.html on May 11, 2024.



Native American Birth Rate Per 1,000 Population by County and Year in New Mexico, 2018-2022



Bernalillo County

Sandoval County

San Juan County

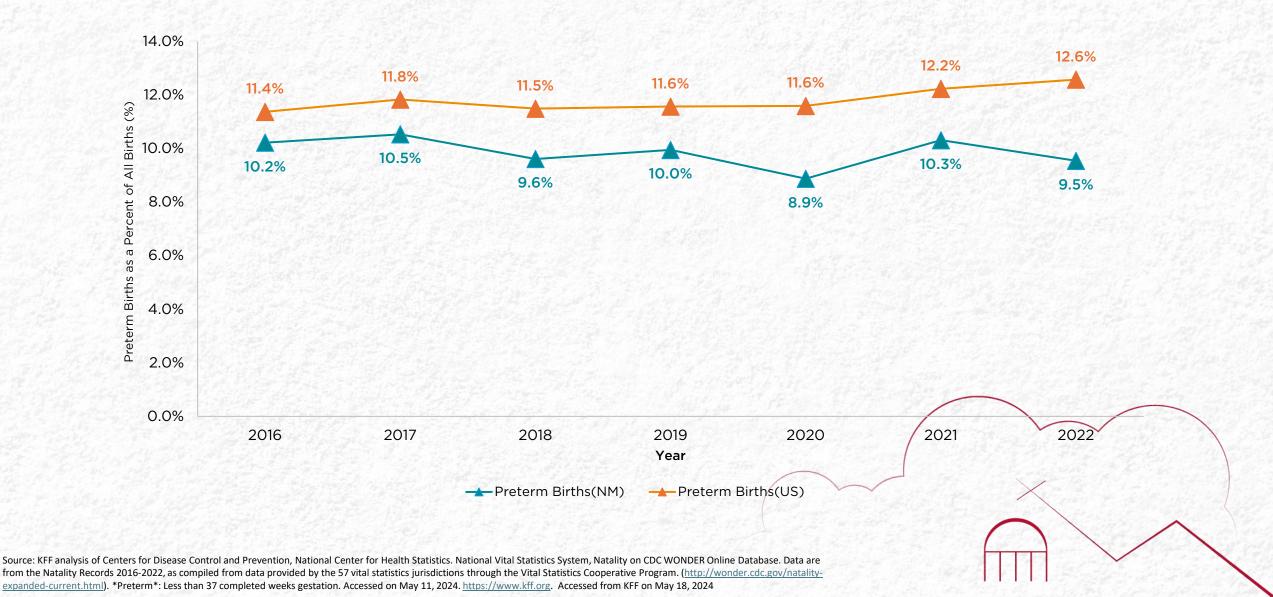
■ Unidentified Counties

New Mexico

Source: Centers for Disease Control and Prevention, National Center for Health Statistics. National Vital Statistics System, Natality on CDC WONDER Online Database. Data are from the Natality Records 2016-2022, as compiled from data provided by the 57 vital statistics jurisdictions through the Vital Statistics Cooperative Program. Mother's Single Race 6: American Indian or Alaska Native and County of Residence. County-level data are shown for counties with populations of 100,000 persons or more. All counties with fewer than 100,000 persons are shown combined together under the label "Unidentified Counties" for the state. Accessed at http://wonder.cdc.gov/natality-expanded-current.html on May 11, 2024.

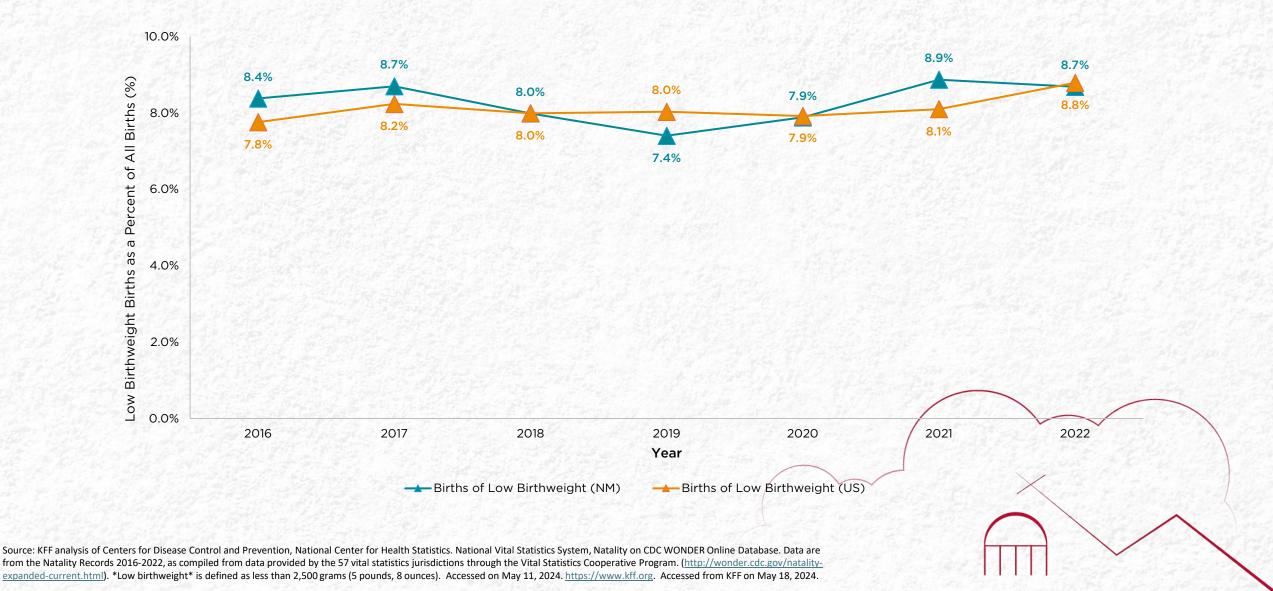


Native American Preterm Births as a Percent of All Births by Year in New Mexico, 2016-2022



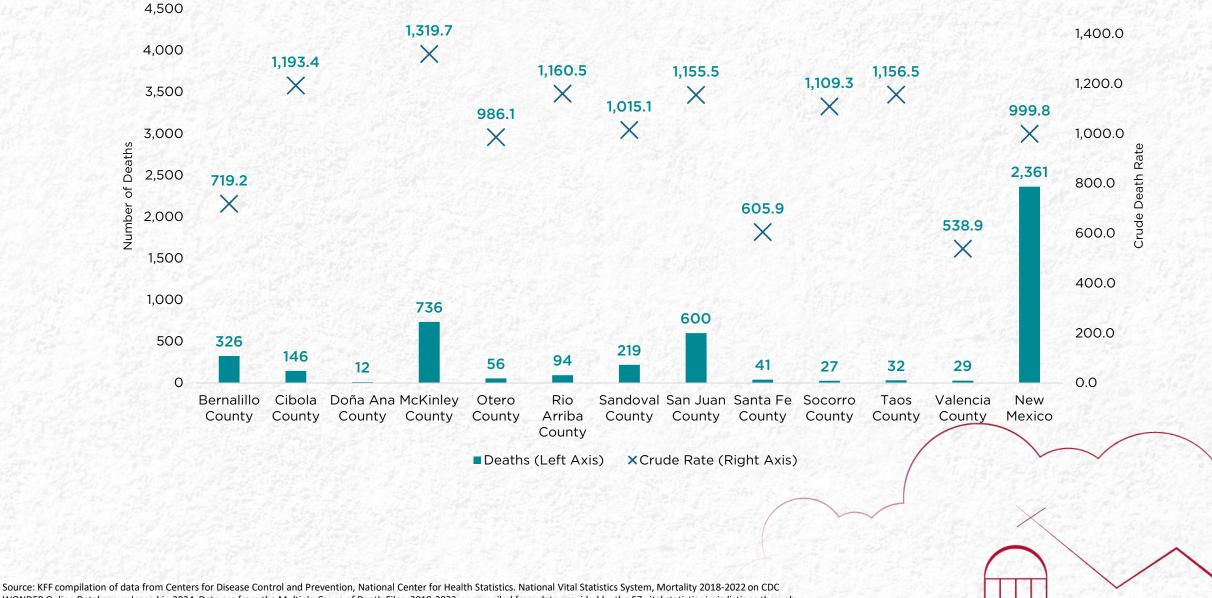


Native American Births of Low Birthweight as a Percent of All Births by Year in New Mexico, 2016-2022





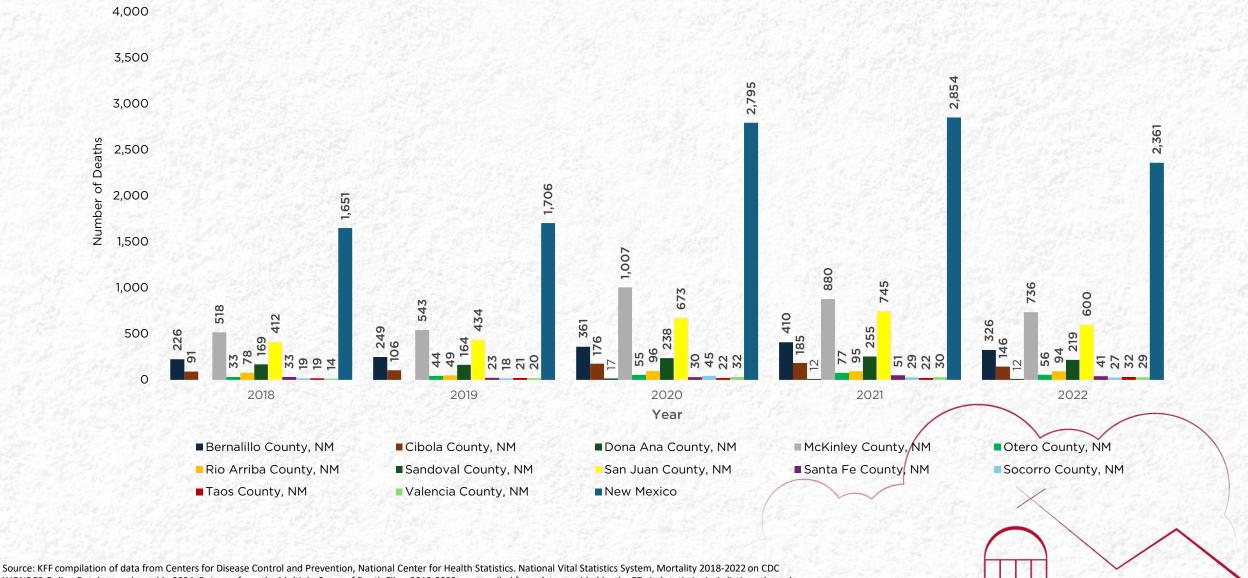
Native American Deaths and Crude Death Rate by County in New Mexico, 2022



WONDER Online Database, released in 2024. Data are from the Multiple Cause of Death Files, 2018-2022, as compiled from data provided by the 57 vital statistics jurisdictions through the Vital Statistics Cooperative Program. Accessed at http://wonder.cdc.gov/mcd-icd10-expanded.html on May 11, 2024. https://www.kff.org. Accessed from KFF on May 18, 2024.



Native American Deaths by County and Year in New Mexico, 2018-2022



WONDER Online Database, released in 2024. Data are from the Multiple Cause of Death Files, 2018-2022, as compiled from data provided by the 57 vital statistics jurisdictions through the Vital Statistics Cooperative Program. Accessed at http://wonder.cdc.gov/mcd-icd10-expanded.html on May 11, 2024. https://www.kff.org. Accessed from KFF on May 18, 2024.



Native American Crude Death Rate by County and Year in New Mexico, 2018-2022

1,750.0 1,500.0 1,250.0 1,250.0 1,000.0 750.0 500.0 250.0 0.0					
0.0	2018	2019	2020	2021	2022
Bernalillo County, NM	534.8	578.0	811.3	909.6	719.2
Cibola County, NM	776.1	905.4	1,511.8	1,531.1	1,193.4
Dona Ana County, NM					
McKinley County, NM	904.3	955.7	1,785.1	1,533.7	1,319.7
Otero County, NM	582.2	789.1	976.4	1,347.3	986.1
Rio Arriba County, NM	1,036.1	647.3	1,259.3	1,176.5	1,160.5
Sandoval County, NM	829.3	794.8	1,131.8	1,194.4	1,015.1
San Juan County, NM	802.2	841.3	1,288.8	1,436.0	1,155.5
Santa Fe County, NM	518.1	356.3	456.6	745.3	605.9
Socorro County, NM			1,819.7	1,172.7	1,109.3
Taos County, NM		857.5	866.1	802.0	1,156.5
Valencia County, NM		405.4	624.3	577.9	538.9
New Mexico	722.6	742.4	1,198.5	1,205.2	999.8
			Year		

Bernalillo County, NM

Cibola County, NM

Otero County, NM

San Juan County, NM Santa Fe County, NM

Socorro County, NM

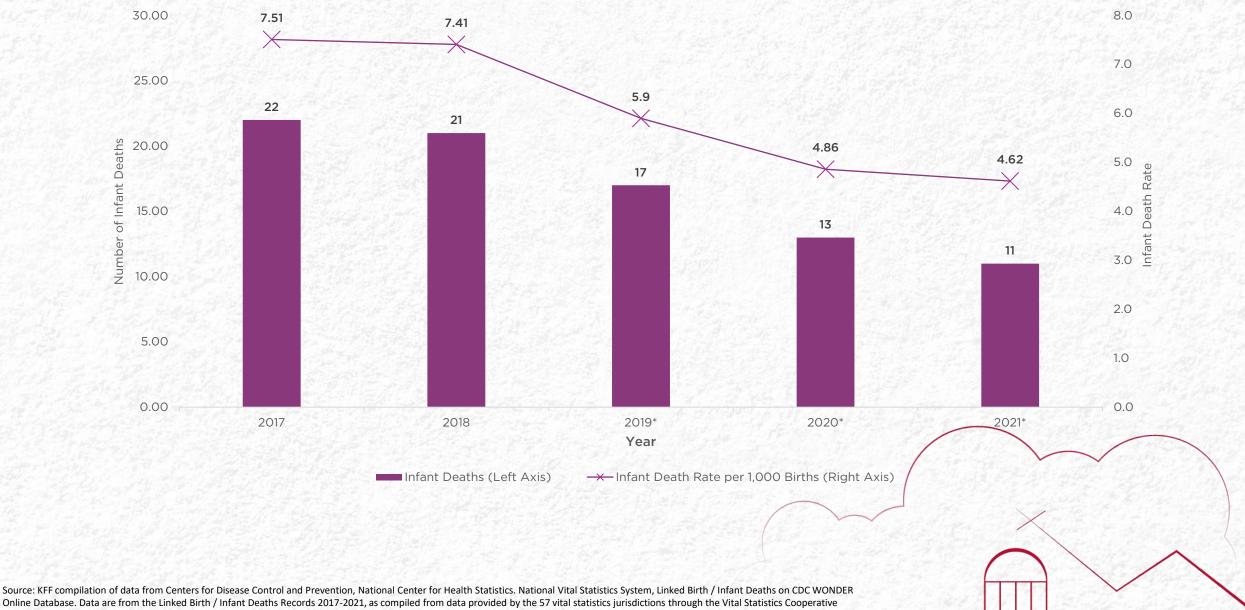
Taos County, NM

Valencia County, NM New Mexico

Source: KFF compilation of data from Centers for Disease Control and Prevention, National Center for Health Statistics. National Vital Statistics System, Mortality 2018-2022 on CDC WONDER Online Database, released in 2024. Data are from the Multiple Cause of Death Files, 2018-2022, as compiled from data provided by the 57 vital statistics jurisdictions through the Vital Statistics Cooperative Program. Accessed at http://wonder.cdc.gov/mcd-icd10-expanded.html on May 11, 2024. https://www.kff.org. Accessed from KFF on May 18, 2024.



Native American Infant Deaths and Death Rate by Year in New Mexico, 2017-2021



Program. Accessed at http://wonder.cdc.gov/lbd-current-expanded.html on May 11, 2024. * indicates years when infant death rates were marked as "unreliable" due to death counts being less than 20.